



"The Spirit"

March/April Newsletter Sponsor:
Lois Kratzer

From the desk of Dr. Nathan:

Grace and Peace be unto you from God our Father, and our Lord Jesus Christ.

We are nearing the chief celebration of the church, the very central act of God in our salvation, the raising of Jesus from the dead. The conquering of death destroyed sin, death, and the power of Satan over us all. No more do we need to fear the grave...any more than we fear our bed in sleep, for if we have been united with Him in a death like his, we shall certainly be united with Him in a resurrection like His!

This central tenant of our faith rests on the foundation of the the mystery of what happened in that Jerusalem tomb on Holy Saturday. In all that you do, say, and believe, do you profess Christ crucified, died, AND RISEN? I ask you this question with great confidence that through the weekly celebration of the Holy Supper, you have been drawn closer to the Savior by his very Body and Blood, instituted for us at the Last Supper as an everlasting command, promise, and physical presence. The immeasurable worth of this mystery is to be held in the highest veneration. The most glorious miracle is physically present with us always. The 'how' behind the true Body and true Blood, under the and through bread and wine remains the mystery of our faith. Yet, it is faith itself which brings us to the fullest understanding of this mystery. By this faith we have been saved, each and every time we offer nothing more than a repentant heart and believe. The gift of true body and true blood is the real presence of Jesus Christ our Lord, present in the fullness of his incarnate flesh, the same flesh that was beaten, crucified, and took up life and walked out of the grave!



Since the construction of our building, Salem has had a Holy Tabernacle to hold, protect, and venerate the Body and Blood of our Savior after the celebration of the Mass each week. These elements are reserved for communion of the sick and homebound, and for use by the pastor for the people when celebration of the sacrament cannot be done, as in a hospital room, or emergency. The original tabernacle entrance is on the lectern side of the altar, but no longer has a working lock, and is difficult to reach. On EASTER SUNDAY we will consecrate the new tabernacle, centrally resting behind the altar against the wall. It is a beautiful and honorable place in which can rest the Body and Blood of Jesus Christ our Lord, present in this worship space always!

Holy Week:

March 24: MAUNDY THURSDAY

at Salem Lutheran 7:30 PM

March 25: GOOD FRIDAY

at Salem Lutheran 7:30 PM

Soup Dinner 6:15 PM

March 26: Passion Movie at the Colonnade Millersburg

10 AM Saturday Morning

March 26: The Vigil of Easter

at Salem Lutheran 7:30 PM

March 27: THE RESURRECTION OF OUR LORD

6:30 AM SUNRISE

Breakfast after the service



Upcoming AED demonstration/instruction program which will be held in the East wing of the church. This event will be held in April directly after church. The demonstration will be by Heidi Dill who is a Certified Instructor. Following the AED demonstration, a CPR class for those who would like to become CPR certified will also be held.

WATCH YOUR CHURCH BULLETIN & E-MAILS FOR UPCOMING AND ADDITIONAL INFORMATION!



Sight & Sound

Bus Trip – April 9th

We have downsized the bus to a 28 passenger bus due to decreased interest in attendance. Money is due ASAP with check made payable to:

Salem Lutheran Church.

We will depart Walmart parking lot promptly at 1:30 p.m. to shop the *Lancaster Outlets*, have dinner there and then depart from Lancaster Outlets at 5:30 to arrive at Sight & Sound Theater for the 6:30 show of:

SAMSON!

Tickets:

\$91.24 Adults

Sunday School children from Salem are free.

Call the office with any questions:
362-9222

HEALTH MINISTRY MEETING

DATES:

March 21st at 7 PM

April 18th at 7 PM

The Health Ministry Team will be distributing a bulletin/survey during our church services. We are asking you to complete them and place them in the offering plate. Watch your church bulletins with more information to follow.

We've been chosen to participate in a program from *Penn State Cancer Institute* on a Community Health Project. This program provides healthy eating tips, education sessions on healthy eating, weight management, physical activity and goal setting. With this program, there will be many fun activities and possibly some prizes!!! A kickoff event will be scheduled with all the information and tools presented, ...*stay tuned!*

Sleeping Patterns:

As we age, our sleeping patterns change as well as the quality of our sleep. Sleep becomes fragmented, more sensitive to sounds and to our environment. How many of us have to sleep with a fan on just to fall asleep and drown out sounds around us? We spend less time in a deep sleep and

Blood Pressure Screenings continue during Fellowship Sundays 2nd Sunday of the month.

have greater difficulty falling asleep. We wake up more often during the night.

Aging depletes our system of important hormones, human growth factor, testosterone, estrogen and melatonin and a changing internal clock. There is a way to help ourselves; it's called exercise. By doing activities on a daily basis this will help to reset our circadian clocks, allowing us to fall asleep, stay asleep and feel rested. By doing the easy chair exercises done during February fellowship, will allow those endorphins to re-fuel and get rid of those cobwebs; providing you a better sleep. *Give it a try!*

Let us Pray:

Dear Father as we have entered into the Lenten season let us ask of your repentance for our human sins, thank you for the sacrifice of your only begotten son with the pain and suffering he had to endure to take away our sins. Never forget that we are your children and commanded to follow you. Our Father, where you are there is majesty and perfection. Thank you for giving us your Son, who reflects your glory and intercedes for us, advocates for us and sends us the Holy Spirit to lead us into all truth, we pray that you continue to guide us, direct us, teach us your way so that we choose to do your will, not ours.

In Jesus Name we pray. Amen



Parish Life News

If you haven't seen the newly updated/reconstructed Fellowship Hall and Kitchen, you may do so on March 13th at our monthly Fellowship or during Holy Week! Many thanks to Parish Life and Pr. Nathan!

The figures are in!
1074 dozen donuts were
made with a
\$4,964.04 profit!

Women's Retreat:

Watch your e-mails and bulletins for a "Spring Retreat" in May!



*The **Women's Retreat** was attended by approximately 30 women from Salem and St. Paul's churches. The Salem ladies had an enjoyable dinner together at a local restaurant before beginning our retreat. The ladies were educated on prayer beads and rosaries. MANY, MANY THANKS to Angela Heim, her mother and her sister, for helping us assemble our rosaries and bracelets! We surely would've been lost without them!*

There were many new faces and a few "repeaters" at the retreat. This experience left such an impact on the ladies, that Pr. Nathan was bombarded with requests to book a "Spring Retreat" for the Salem ladies in May! ...Stayed tuned for more updated info. as Pr. Nathan passes it along.

It's a beautiful thing to witness and be a part of such love and fellowship among the women of Salem. We've become a close church "family". The ladies of Salem would like to THANK Pr. Nathan for creating this wonderful group of women at Salem. Because of him, we have learned more than we anticipated about PRAYERS and PRAYING. Since we have been going on the retreats, we have learned; what/how to pray, where to pray and on and on...never before realizing how much there is to PRAYER!

*If you'd like to join us, please attend our monthly meeting: **March 20th @ 6 pm** **Hope to see you!***



*...more of the
Women's Retreat*



**Salem's
Future**



...making the most out a job NO ONE looks forward to doing:

SPRING CLEANING!!!



Saturday
March 19th
we'll clean
the upstairs!
Come lend a
hand!

Salem was fortunate
to be blest with a
pastor that has a
wonderful sense of
humor!

...BUT IF THERE'S FOOD, THEY WILL COME!

Thank you, Margie and Ann for all your hard work!

After the renovations were completed in our Fellowship Hall and Donut Days gone for another year, Pr. Nathan and some of the members spent a Saturday morning cleaning, sweeping and wiping down the Hall. Pr. Nathan then waxed the entire floor! Dedication to the care, upkeep and maintenance of Salem is quite visible when you step onto the property. **Thanks to ALL for ALL YOU DO!**

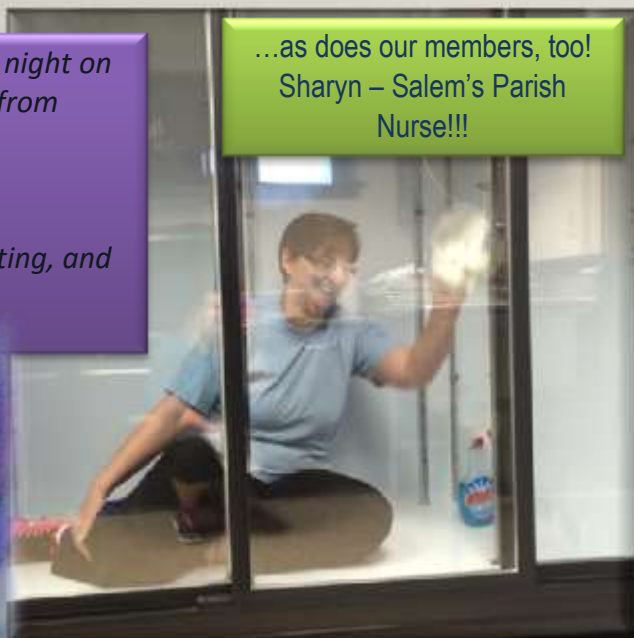
There are still seats available for our **WNALC** sponsored painting night on Saturday, March 12th from 5-8 pm (note that time has changed from original time on sign up).

Cost is \$30 which includes all supplies. Class will be led by Jacqui Whitcomb from **Artistically Mine** in Millersburg.

Bring snacks and drinks to share, enjoy fellowship, have fun painting, and leave with this gorgeous inspirational painting!



...as does our members, too!
Sharyn – Salem's Parish
Nurse!!!



Please help to keep our prayer list current by contacting the church office for changes:
717-362-9222 or salemelizabethville@gmail.com

Prayer List:

Manor at Susquehanna Village: Joan Taylor
(Peg Massari's mother in law)

Kepler Home: Richard Matter (Paul & Natalie Lyter),
Elsie Phillips

Polk Personal Care: Hilda Collier, Mary Schade

Luther Acres: Oren Spangenburg (Sarah Challenger)

Hershey (healthcare home): Paula Bowman

DuPont Children's Hospital, Delaware: Talan
Wolstenholme (Leah Snyder)

At home: Margie Lehman, Dustin Rhoads (Dave
Reiner), Mike Mace (Mike Paul), Joni Stephens (Robin
Hoffman), Brittany Baker (Nancy Spacek), Darcy
Koppenhaver (Judy Paul), Derick Larthey, Dave J.
Miller (Sharyn Farner), Rebecca Sharron (Ann Scatena),
Bob Massari, Sr. (Peg Massari), Anna Stonerod, Terry
King (Janice Gransbury), Bob Schreffler (Dorothy
Hoffman), Roy Stonerod (Mary Ellen Paul), Greg Hoke
(Pam Ramer), Paul Zelnick (Jane Ingbritsen), Holly
Artz (Joan Minnich), Andrea Bixler (Marie Daub),
Garvin Kissinger (Ann Scatena), Jerry Tressler (Park
Gessner's uncle), Frances J. Budd (Jane Ingbritsen),
Jeffrey Snyder (Wanda Latshaw), Roy Strohecker,
Dorcas Gessner, (Dottie Hoffman), Darlene Adley
(Diane Heim), John Chubb, Cindy Maurer (Maurer's
Tree Farm), Jessica Ingbritsen, Earl Laine, Carl
Snyder, Durene Archer (Carl & Leah Snyder's
daughter), Don Deibler, Joann Stauffer, Harold
(Peanie) Heckler, Arlene Blanchard (Diane Heim),
Debbie Pittman, Terry Corsnitz, Judy Buffington &
Ken Crone (Lyters), Rob Herman (Pr. Nathan's friend),
Sarah Naugle, Todd Hoover, Andy Wiest (Tyler
Miller), Ron Clemens (Connie Troutman), Beverly
Morgan (Ann Scatena), Bill Witmer, Keith
Laudenslager, Edward Snyder (Wanda Latshaw's dad),
Dick & Joan Sanborn (Jessica Spacek's paternal
grandparents), Amanda Eisenhauer (Kyle Ramer), Kris
King, Charles Wertz, Beverly Weida (Janice
Gransbury), Vince Shepley (Ken Campbell), Ned
Messner, Heather Hildebrand (granddaughter of Sarah
Challenger), Tina Ramer & Dennis Shade (Pam Ramer),
Janyce Van Sickle, Heide Bohn



With Sympathy



The family & friends of
Marjorie Romberger
(Tom Scheib's sister)

ALTAR FLOWER SPONSORS

March

- 6 Judy Paul in celebration of granddaughter Clarice's confirmation today in Louisiana.
- 6 Andy & Brenda Leitzel in memory of Derl & Hilda Rebuck.
- 13 Dennis & Susan Krause to the Glory of God.
- 20 Bev Brooks in memory of loved ones.
- 24 Roberts & Carole Long in loving memory of his mother, Mary Long.
- 27 Dorothy Hoffman & Robin Hoffman in honor of Chris Paul's birthday.

April

- 3 Fred Renn in loving memory of his wife, Marian.
- 10 Sarah Challenger in loving memory of Jim Challenger, John & Elsie Kratzer.
- 10 Melva Reinhard in loving memory of her husband, Jack.
- 17 Lois Kratzer in memory of loved ones.
- 17 Tom & Deb Scheib in memory of loved ones.
- 24 Connie Troutman in honor of children and grandchildren.
- 24 Irene Lehman in memory of loved ones.

SPONSORSHIPS

Altar Flower Vases \$20/vase

Weekly Bulletins \$10/wk.

Sanctuary Lamp \$50/mo.

Bi-Monthly Newsletter \$30

Fellowship \$45

(Parish Life will handle the rest!)

March Bulletin Sponsors

6 Jason & Angela Heim in honor of a wonderful church family.

13 _____

20 Connie Troutman in loving memory of her brother Richard Reed.

24 _____

25 _____

26 _____

27 Jason & Angela Heim in honor of a wonderful church family.

April Bulletin Sponsors

3 Fred Renn in loving memory of Marian J. Renn.

10 Ann Scatena in honor of daughter Ruth Stadheim's birthday.

17 Lois Kratzer in honor of loved ones.

24 Margie Lehman in memory of her father, Bill Lehman.

Sanctuary Lamp

March - Harry & Joan Minnich in memory of loved ones.

April - Fred Renn in loving memory of Marian J. Renn.

Fellowship

March 13 - A friend of Salem

April 10 - Harold & Marie Daub

March Greeters

6 Gerri Deppen & _____

13 Harold & Marie Daub

20 Janice Gransbury & Ann Scatena

24 _____

25 _____

26 _____

27 _____

April Greeters

3 Jay & Martha Jane Fulkrod

10 Ann Scatena & _____

17 Janice Gransbury & _____

24 Margie Lehman & _____

March Birthdays

6 Dennis Reitz

6 Mary Jane Witmer

7 Caileigh Witmer

8 Brian Ingbritsen

12 Tara (Minnich) Smith **HAPPY 35th!!!**

13 Jaxon Lehman

13 Ben Margerum

13 Judy Paul **HAPPY 75th!!!**

15 Fred Renn

17 Melva Jane Reinhard

21 Ron Heim

22 Kasarah Liles

25 Cindy Ayers

27 McKenna Dunlop

29 Kim Womer

30 Eric Deitrich

31 Chris Paul **HAPPY 50th!!!**

(No March anniversaries)

April Birthdays

7 Pam Ramer

11 Mary Ellen Paul **HAPPY 70th!!!**

17 Dan Reiner

17 Lori Paul

19 Bob Ramer

23 Brandy Ayers

28 Aidan Campbell **HAPPY 5th!!!**

April Anniversaries

7 Mr. & Mrs. Robert Ramer

27 Mr. & Mrs. Dennis Reitz

29 Mr. & Mrs. Don Ayers

*Please call or email the office if there are any errors or deletions. 362-9222 (Chris)
salemelizabethville@gmail.com*



March Altar Guild:

Arleah Buehler & _____

March Worship Assist**Sunday, March 6 - 4th Sunday in Lent**

Lector: Mattea Wenrich-Schmidt

Head Usher: Scott Deitrich

Communion Assistants: Chris Paul & Michael Paul

Greeters: Gerri Deppen

Acolyte: Tyler Miller

Sanctus Bells: Eric Campbell

Sunday, March 13 - 5th Sunday in Lent

Lector: Ken Campbell

Head Usher: Dave Reiner

Communion Assistants: Sharyn Farner & Harold Daub

Greeters: Harold & Marie Daub

Acolyte: Jessica Spacek

Sunday, March 20 - PALM SUNDAY

Lector: Jim Prince

Head Usher: Jim Prince

Communion Assistants: Ken Campbell & Margie Lehman

Greeters: Ann Scatena & Janice Gransbury

Acolyte: Eric Campbell

Crucifer: Kyler Ramer

Torch Bearers: Sarah Heim & Jessica Spacek

Gospel Bearer: Tyler Miller

Sanctus Bells: Eric Campbell

March 24 - MAUNDY THURSDAY

Lector: Dennis Reitz

Head Usher: Linda Deibler

Communion Assistants: Denny Reitz & Tom Scheib

Greeters: Ann Scatena & Janice Gransbury

Acolyte: Sarah Heim

March 25 - GOOD FRIDAY

Greeters: Ann Scatena & Janice Gransbury

March 26 - HOLY SATURDAY

Lector: Jim Prince

Communion Assistants: Chris Paul & Tom Scheib

Greeters: Ann Scatena & Janice Gransbury

Acolyte: Eric Campbell

Sunday, March 27 -**The Resurrection of Our Lord**

Lector: Mark Ingbritsen

Head Usher: Chris Paul

Communion Assistants: Margie Lehman &

Mark Ingbritsen

Greeters: _____

Acolyte: Eric Campbell

Crucifer: Kyler Ramer

Torch Bearers: Sarah Heim & Jessica Spacek

Gospel Bearer: Tyler Miller

Sanctus Bells: Eric Campbell

April Altar Guild:

Arleah Buehler & _____

April Worship Assistants**Sunday, April 3 - 2nd Sunday of Easter**

Lector: Carol Reitz

Head Usher: Fred Renn

Communion Assistants: Margie Lehman &
Chris Paul

Greeters: Jay & Martha Jane Fulkrod

Acolyte: Jessica Spacek

Sanctus Bells: Eric Campbell

Sunday, April 10 - 3rd Sunday of Easter

Lector: Jane Hassinger-Schader

Head Usher: Mark Ingbritsen

Communion Assistants: Sharyn Farner &
Kasey Campbell

Greeters: Ann Scatena & _____

Acolyte: Sarah Heim

Sanctus Bells: Eric Campbell

Sunday, April 17 - 4th Sunday of Easter

Lector: Harold Daub

Head Usher: Chris Paul

Communion Assistants: Harold Daub &
Ken Campbell

Greeters: Janice Gransbury & _____

Acolyte: Tyler Miller

Sanctus Bells: Eric Campbell

Sunday, April 24 - 5th Sunday of Easter

Lector: Sharyn Farner

Head Usher: Arleah Buehler

Communion Assistants: Dennis Reitz &
Mark Ingbritsen

Greeters: Margie Lehman & _____

Acolyte & Sanctus Bells: Eric Campbell



The Tomb of Christ

The real presence of the Lord, in the form of the Holy Supper is the paramount reason why we bow profoundly at the altar. In honor of the miracle of his Holy Presence we show our humble love for the salvation he gives, and the majesty of His life.

Now, how did you do during Lent? Did you challenge yourself by the LENTEN APPEAL? Did you do well? Did these simple steps make a difference in your life? Read them again, just maybe they have become a habit.

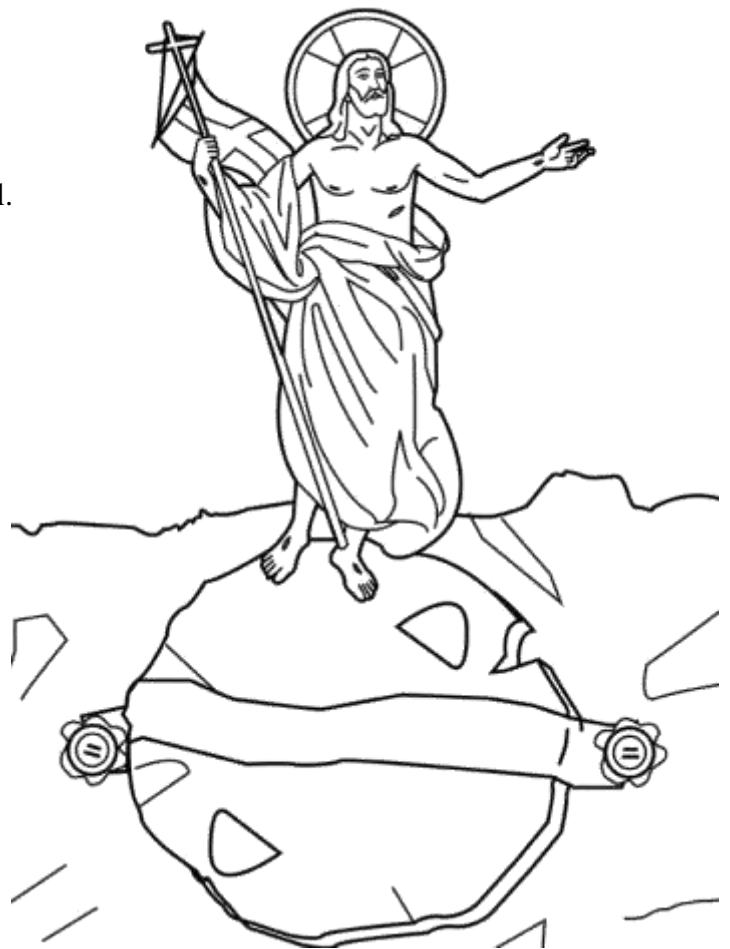
1. **PRAY** Daily-simply repeat the prayer in your weekly bulletin, and remember BY NAME the prayer list names
2. **COME**-to the worship of the Lord. Can you add just one Sunday to your current schedule? We can all engage this level. If you never miss a Sunday, add an evening service (which is a different experience all together) If you are present only once in a while, you miss so much of the Holy Scripture and its story! One more is easy!
3. **WORK**-In all the things that need done for your home to stay safe, clean, repaired...the same is needed here. The property committee has a list, posted, just pick something and do it...in the quietness of your alone time here – or get a group and enjoy some much needed fellowship!
4. **GIVE**-Too often I am disheartened when I hear of churches who speak of offering all the time...you don't often hear that mentioned here, but let's be honest...without giving increases (even just a small amount) the ministry struggles to grow. Let's show this world that we intend to grow beyond imagination, help fund some ministry of Salem with your treasure, therein will be where your heart grows too!
5. **HELP** – Others need us more than we know. If Salem is helping a need that is close to your heart, get in, get involved. If we are not, let's get started! You know of needs, more often much quicker than the church.
6. **WORSHIP** – There is so much more to worship than just being here! There are no barriers for your active participation except the ones you see. Lectors, communion assistants, choir members, prayer readers, greeters, children's support, learning, visitation, transportation, acolytes, etc. Every part of your being can worship God.

Appeal: means to make a serious or urgent request. I do appeal to you all. Urgently, because your faith is so vitally important to your salvation, your confidence in the face of difficulty, your comfort in the face of pain, your hope in the face of death. Seriously, because I do firmly believe that there is nothing more serious than your faith. In life, all else can wait, and even if it never comes and you spend your days longing for something that never becomes reality, Faith is *seriously* everything you could ever want.

In the blessed assurance of life everlasting,
through the merits of Christ Jesus alone,
and because of His resurrection from the grave,
I pray that you will find forgiveness of sins and hope eternal.

HAPPY EASTER!

Rev. Nathan C. Finch



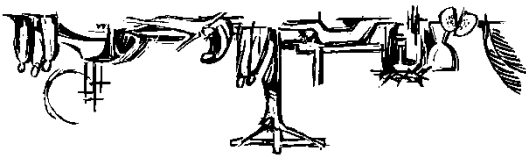
The Tabernacle (Hebrew: מִשְׁכָּן, mishkan, "residence" or "dwelling place"), according to the Hebrew Bible, was the portable dwelling place for the divine presence, from the time of the Exodus from Egypt through the conquering of the land of Canaan. Built of woven layers of curtains along with gold, silver, brass, furs, jewels, and other valuable materials taken out of Egypt at God's orders, and according to specifications revealed by God (Yahweh) to Moses at Mount Sinai, it was transported by the Israelites on their journey through the wilderness and their conquest of the Promised Land. The First Temple in Jerusalem superseded it as the dwelling-place of God some 300 years later. The tabernacle has direct reference to the sacrament of the Holy Eucharist. The Holy Eucharist was instituted by our Lord on the eve of His Passion, when at the Last Supper He took bread and wine and said over these substances: "This is my body; this is my blood." [1] By these words our Lord intimated very plainly that what was bread before had become His body, and what was wine before had become His blood. The same great miracle is performed whenever the priests of Christ, acting under Christ's direction, pronounce the above words over the bread and wine in the sacrifice of the Mass. In other words Christ is really present in the Holy Eucharist under the appearances of bread and wine



At least one lamp is to be kept burning day and night before the tabernacle in which the Blessed Sacrament is kept.

The Sanctuary Lamp, sponsored by you in memory of those in blessed rest, indicates the real presence of our Lord in this place!

Dated Material - Please do not delay
Address Service Requested



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