

The "Spirit"

October/November 2017

Sponsored by:

Cindy Ayers

In Memory of Loved Ones



Salem
Lutheran
Elizabethville



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Important Dates:

Mon. & Wed. - Zumba & Yoga
Classes
Oct. 21 - WNALC Soup Sale
Oct. 29 - Reformation Sunday
Nov. 19 - Congregational
Meeting & Luncheon
Nov. 22 - Thanksgiving Eve Svc.
7:30 pm

From the desk of Pastor Nathan: Have you ever wondered

what the difference may be between being a follower of Jesus and being a disciple? Perhaps you've used the words interchangeably in your life, or maybe even thought that disciple was something unattainable (as if only the 12 apostles were *actual* disciples). Well, this is exactly what we've been examining in Adult Sunday School. The *Follow Me* study of the Gospel of John is leading us to deeply discuss the relationship between the one who leads and the one who follows. We follow so many things today without any real commitment. For example, how many people do you "follow" on Twitter, Facebook, Instagram, Snapchat, and so on? Do you have a real relationship with any of these people? Do you have a relationship with some of these people? Oh wait...how do you even define relationship? Even in the early stages of this Sunday School program we have defined these things in new ways. We have sought to examine the depth of relationships, and have come to define them based on love (and more specifically, love which would cause you to willingly give up your life for someone else).

Now, just a few hours after this discussion on Sunday morning our whole country is examining what it might mean to sacrifice your life for someone else. In the face of extreme tragedy we are all trying to understand life and death. People are asking the hard questions, but maybe we should take a moment to examine the depth of love exhibited in those who willingly walked into danger to protect others. Now, we have no way of knowing if those decisions were made because of faith, or instinct, or training, or bravery. We are not all faced with such situations, but our decisions can be made in similar ways. If faith is strong enough to dictate our decisions, then even death cannot deter our confident sight in more than what this flesh seems to cling. Our possessions and even relationships, our jobs and even our hopes and dreams, cannot compare to a treasure of faith in what Christ Jesus promised to those who believe; life everlasting. And not just life everlasting as portrayed in movies and novels of human imagination, but a bodily resurrection like his, a true victory even over the grave!

Now, to follow a teacher like Jesus who speaks so radically is difficult. A relationship that demands love, respect, knowledge, and care for others is not easy. However, often times the things we see as difficult and burdensome, Christ calls easy...and willingly offers his burden which he calls light, and offers to take on ours, which we think is heavy, and sometimes so much so that we think it is killing us. If all the burden, worry, pain, suffering, and death we carry is really light, why does it cripple us so? Because even though we say we believe...WE DON'T. *cont'd on Pg. 8*

Scripture Alone

Grace Alone



Faith Alone



The summer has flown by and we are now in the fall season with the leaves starting to turn and the becoming cooler. As a result, that means we need to prepare for the winter months and take the preventive measures in keeping ourselves healthy.

Preventative measures include getting the **flu vaccine**. Flu season begins in mid- September and runs through March with the peak season between November to February. The Centers for Disease Control has recommended the vaccination only this year and not the nasal spray, in anticipation of the nasal spray not being effective enough during this upcoming flu season

(<https://www.cdc.gov/flu/about/season/flu-season-2017-2018.htm>). Be proactive in getting your flu vaccine, as many people die each year due to complications from the flu. These include people whom develop pneumonia, have weakened immune systems or cardiac disease and their bodies are just too weak to fight back.

Many times, people say, "I'm allergic to eggs so I can't get the vaccine."

Not true!

"Can I get a flu vaccine if I am allergic to eggs?"

The recommendations for people with egg allergies are the same as last season.

- People who have experienced only hives after exposure to eggs can get any licensed flu vaccine that is otherwise appropriate for their age and health.

•People who have symptoms other than hives after exposure to eggs, such as angioedema, respiratory distress, lightheadedness, or recurrent emesis; or who have needed epinephrine or another emergency medical intervention, also can get any licensed flu vaccine that is otherwise appropriate for their age and health, but the vaccine should be given in a medical setting and be supervised by a health care provider who is able to recognize and manage severe allergic conditions. (Settings include hospitals, clinics, health departments, and physician offices). People with egg allergies no longer have to wait 30 minutes after receiving their vaccine." (<https://www.cdc.gov/flu/about/season/flu-season-2017-2018.htm>).



Another vaccine to receive is the Pneumonia Vaccine especially if you are in a high-risk category or of the age.

People with immunocompromised health conditions should receive the pneumonia vaccine which is given once every 5 years. People who fall into the category for this vaccine include: history of asthma, pneumonia, cancer, immunoglobulin diseases, for all adults 65 years or older, adults 19 through 64 years old who are smokers, and for all babies and children under the age of 2.

(<https://www.cdc.gov/vaccines/vpd/pneumo/index.html>).

Both these vaccines can be obtained through your physician's office or through your local pharmacy and is covered by insurance. If you can't get it at the pharmacy, your insurance may require you to go to the physician's office. Questions? ...ask me, but let's be proactive in keeping ourselves healthy and those we love around us.

There are several steps we can take in trying to stay healthy as the outside activities wind down. We start by continuing to eat healthy with the fruits and vegetables we harvested over the summer and put away for the winter. Continue eating those raw and cooked vegetables ensuring you are getting your iron, potassium, and essential vitamins. Stay away from those quick filling snacks such as chips, cakes, ice creams and cookies, since all they really do is give you that fulfilling feeling and then pack on the pounds making you lazy and not wanting to move off the couch. Get off the couch and come enjoy some exercise with our new classes!!

Exercise Classes Resume

Exercise classes resume this fall and will continue until May as requested. To prevent boredom and spice up the classes, both Zumba Gold and Yoga only (no Pilates this time) will be taught by certified instructors. The cost for each class will be \$5.00. Classes will continue to be every week in the basement.

These classes are open to everyone.

Monday, beginning October 2nd from 7-8 PM will be Zumba Gold led by Beth Davis, please arrive about 10 minutes early to sign new waiver forms. Wear sneakers.

Thursday, beginning October 4th from 7-8 PM will be Yoga led by Sonya Barge, please arrive about 10 minutes early to sign new waiver forms. Please bring your mats with you.

Wheelchair Donation: A wheelchair has been donated to the church to be used by those in need who may visit or may be loaned out to a church member. If you know of someone in need, see Sharyn.

If there's something that you would like to see happen in the Health Ministry, please speak to a member or join us at a meeting.

Next Meeting:

Tues., Oct. 17th & Nov. 21st @ 7 pm



Blood Pressure screenings are available to everyone during Fellowship each month.

Let us pray: We are hard pressed on every side, yet not crushed: we are perplexed, but not in despair: persecuted, but not forsaken: struck down, but not destroyed. (2 Corinthians 4:8-9). We all face battles in life with discouragement, deception, defeat, destruction. Let us respond in honest, continuous prayer as a member of God's family who hears our cries. Make our requests known unto Jesus, who spilled his blood for you, you can spill your heart to him. Then sit and be still, and listen, he will guide you and help you, a member of God's family! Father, continue to guide us through our daily lives and disciplining us to daily prayer. In Jesus name we pray, Amen.

HEALTH MINISTRY CONT'D.



**ORDER YOUR
POINSETTIA'S!**



Poinsettia Order Form

Orders are due **NOVEMBER 5th**

Make checks payable to:

Salem Lutheran Church,

**Place in Offering Plate, mail to the church,
or give to Arleah.**

Sizes available:

6" pot – 1 plant \$10.00

Red, White, Pink, Marble, Jingle Bells, Burgundy

7" pot – 2 plants \$18.00

Red, White, & Pink

8" pot – 3 plants \$25.00

Red, White, Pink, Marble, Jingle Bells, Burgundy,
Tri-color

10" pot – 4 plants \$35.00

Red, White, Pink, Marble, Burgundy

Name _____

Telephone #: _____

Size: _____ Color: _____ Quantity: _____ Total \$ _____

Size: _____ Color: _____ Quantity: _____ Total \$ _____

Size: _____ Color: _____ Quantity: _____ Total \$ _____

Size: _____ Color: _____ Quantity: _____ Total \$ _____

Size: _____ Color: _____ Quantity: _____ Total \$ _____

Final Total \$ _____

In memory/honor of:

In memory/honor of:

In memory/honor of:



COMMITTEES



WNALC
of Salem Lutheran Church

Next Meeting: 6 pm

Oct. 15th and November 19th

If you have a need or an idea for a program or event that you would like to see at Salem or just want to come and check it out, please join us!

Feel free to bring a small snack to share!

WNALC Upcoming Events:

MARK YOUR CALENDARS!

Oct. 15 – 6 pm Meeting

Oct. 21st – Soup Sale

Nov. 19th – Greeting Card "Embroidering!"

Dec. 9th – Brunch/Cookie Exchange
(Dec. 10th Hosting Fellowship)

Feb. – Women's Retreat (Date TBA)

Calling all Salem Women!

All women are *automatically* a member of the WNALC (Women of the North American Lutheran Church) simply by being a Salem Church member!

The group meets on the THIRD SUNDAY of each month from 6-7 pm in the fellowship hall. During this time we hold discussions, enjoy various presentations, plan upcoming events and outreach projects, and enjoy a time of fellowship.

Come out and join us!

Health Ministry Team Volunteers

provide rides to appointments, visits, meals when returning home from the hospital, etc. We are looking for additional volunteers. This group takes turns providing these services to parishioners and they pick the days they can help. If you feel you would be able to help provide these services to our church family, please see Sharyn or Pr. Nate.

Council Meeting Dates: (6:30 pm)

Oct. 19th

Nov. 16th



Salem's Elizabethville
Bicentennial Cat's
Meow! Available at
Salem for \$20

Shawl
Ministry
Oct. 10th
Nov. 14th
1 PM

CHURCH FAMILY - CELEBRATIONS AND ACTIVITIES



Annual Ice Cream Social and Picnic





Elizabethville's

BICENTENNIAL FLOAT



UPCOMING EVENTS

YOGA & ZUMBA CLASSES

Join us in the Fellowship Hall-

Zumba: Oct. 2nd (7-8 pm)

(every Mon. until May 21st)

Yoga: Oct. 5th (7-8 pm)

(every Thurs. until May 24th)

OCTOBER 21 EVENT

Soup Sale!
CHICKEN CORN SOUP
&
HAM BEAN SOUP

Deadline
Oct. 15th

\$8/QT.



Volunteers are needed from 9 am - 3 pm for soup prep.

Pick up soup orders between 4-6 pm.

**To place your order, call:
Church Office 362-9222 OR**



Congregational Meeting/Luncheon

November 19

(following the svc.)

*Parish Life will be providing a
Pork & Sauerkraut meal!*

**Feel free to bring a
DESSERT!**

S.O.F.A.

(Salem Outdoor Fellowship Assoc.)

NEW COMMITTEE!

"S.O.F.A. Fall Foliage Train Ride"

Date: October 7, 2017

Boarding Time: 9:45 am (must be there to ensure boarding as a group)

Address: 1 Railroad Blvd, Port Clinton, PA 19549

Caravan leaving the Salem Lutheran parking lot at 8 am

Itinerary 10/7/17:

Leave Salem Lutheran 8 am

Board train in Port Clinton 9:45 am

Arrive in Jim Thorpe about noon

Tour the Fall Foliage Festival noon - 3 pm

Return to Port Clinton approximately 5 pm

Websites:

<http://www.rbmnrr.com/>

<https://www.jimthorpe.org/fall>

PRAYER & SYMPATHY

Prayer List:

Hershey Med. Ctr.: Rich Klinger,
Andrew Klinger (Jane Ingbritsen)
Kepler Home: Richard Matter (Paul & Natalie Lyter)
Tremont Nursing & Rehab Ctr: Elsie Phillips
Polk Personal Care: Hilda Collier, Mary Schade
Luther Acres: Oren Spangenburg (Sarah Challenger)
Stonebridge Nursing Home: Sue Lebo
At home: Ginger Lehman, Doyle Deppen, Henry Reinsburrow (Leah Snyder),
Coni Bornemann (Ann Scatena), Miller Family from Utah (Linda Deibler), Tim Schell, Deb Miller, Paul Zelnick, Frances J. Budd, Norbert Shulz (Jane Ingbritsen), Don Markel, Jr., Heather Deitrich, Terry King (Janice Gransbury), Nancy Harris, Harold "Peanie" Hechler, Gary MacCready (Nancy Spacek), Clair Engle (Dan Reiner), Mike Wertz, Walter "Butch" Lehman, Charles Wright, Chuck Morgan, Rebecca Sharron (Ann Scatena), Aleen Minnich, Dale Snyder (Tracey & Aleen Minnich), Ruth and Chris Cook, Margie Lehman, Dustin Rhoads (Dave Reiner), Darcy Koppenhaver (Judy Paul), Bob Massari, Sr. (Peg Massari), Andrea Bixler (Marie Daub), Garvin Kissinger, Jeffrey Snyder (Wanda Latshaw), John Chubb, Jessica Ingbritsen, Earl Laine, Arlene Blanchard (Diane Heim), Debbie Pittman, Terry Corsnitz, Judy Buffington & Ken Crone (Lyters), Rob Herman (Pr. Nathan's friend), Joan Sanborn (Jessica Spacek's paternal grandmother), Heather Hildebrand (granddaughter of Sarah Challenger)

Please help to keep our prayer list current by contacting the church office for changes
717-362-9222 or salemelizabethville@gmail.com

If we believe, and still worry or complain, we've already lied about our faith. For who would say "Yes, I believe what the Lord says" then turn and focus only on the problems of life. The lens of the Gospel, through which we need to view everything in life, is one of forgiveness, grace, and life. It is a lens by which burden is cast off like a scarf, and focus is squarely aimed at life...and by that I mean the entirety of life (this short part, and that which is to come...the restful, and the glorified).

Your relationship with Christ Jesus is deepened by your reading of the Word, by your fellowship in the community of believers, sparked by your baptism, and strengthened by your reception of the Holy Sacrament of our Lord's own Body and Blood. His resurrection is at work in you when His own body is made inseparable from yours in the eating and drinking. It is our participation in acknowledgement of life everlasting, and it is a true means by which we are given forgiveness and grace.

So, when you think about the things we call brave and courageous, think about the example of one who gave up life for many, Jesus Christ. At the STS retreat in Chicago this September, a colleague of mine and President of the NALC Seminary The Rev. Dr. Amy Schiffrin, preached at our Eucharist service. She noted the hatred and violence in our country and specifically addressed the hate chanted by demonstrators in Charlottesville as they shouted "Jews will not replace us." This terrifying and disgusting hatred for others sometimes seems far away, but it is right here among us.

A true and deeply meaningful relationship with our Lord will produce disciples, those who will follow the Savior even into death. And the making of a disciple starts right here, when we realize "that a Jew took our place...on the cross" as Dr. Schiffrin noted. Not only did he take the place of those who believe, but hung in the place of judgment for all those who have fallen short of righteousness and sinned. Jesus Christ gave up His flesh so that all might be saved, come to repentance and see life: life everlasting!

Sympathy:

The family & friends of
Tomelyne Deitrich
Tom Sitlinger





Altar Flower Sponsors

October Large Vases (\$20.00 ea.)

- 1 James & Carolyn Schade: In loving memory of Paul & Mildred Rummel.
- 1 Ann Scatena: In memory of loved ones.
- 8 Dennis & Carol Reitz: In celebration of the harvest season.
- 15 Paul & Natalie Lyter: In celebration of their wedding anniversary and the wedding anniversary of Jim & Amy Sellman.
- 22 Dale & Arlene Feidt: In loving memory of her mother Dorothy Wolfgang.
- 29 Lois Kratzer: In loving memory of Louis Kratzer, parents John & Else Kratzer and Elroy & Mary Baker.

SMALL ALTAR VASES: (\$7.50 ea.)

- 1 Greg & Helen Evans: To the Glory of God.
- 8 Mike & Linda Lohenitz: To the Glory of God.
- 15 Kim Bower: In memory of loved ones.
- 22 Ann Scatena: To the Glory of God and in memory of her father Earl Erdman.
- 29 Dan and David Reiner: In memory of Janice and Norma Reiner.



November Large Vases (\$20.00 ea.)

- 5 American Legion Post 404: In memory of all veterans.
- 12 Dave & Chris Paul: In celebration of their wedding anniversary.
- 12 Michael Hoffner: In memory of Mr. & Mrs. Arnold Hoffner
- 19 Janice Gransbury: In memory of loved ones.
- 22 (THANKSGIVING EVE) **SPONSOR NEEDED**
- 26 Don & Linda Deibler: In honor of their daughters Jennifer & Chandra's birthdays.
- 26 Ann Scatena: To the Glory of God.

SMALL ALTAR VASES: (\$7.50 ea.)

- 5 Don & Linda Deibler: In honor of daughter Chandra's 50th birthday.
- 12 Daniel & David Reiner: In memory of Janice and Norma Reiner.
- 19 Greg & Helen Evans: In thanksgiving for prayers answered.
- 22 (THANKSGIVING EVE) Dave & Chris Paul, Michael and David, Jr: In loving memory of her Dad, whose favorite holiday was Thanksgiving.
- 26 Tracy & Aleen Minnich: In loving memory of Rev. Dr. James Flurer.



Have you
remembered
the church in the
planning of your
estate?

SPONSORSHIPS/BIRTHDAYS/ANNIVERSARIES



October Bulletin Sponsors

- 1 Greg & Helen Evans: In memory of loved ones.
- 8 Harold & Marie Daub: In honor of daughter Megan Pricketts birthday.
- 15 Margie Lehman: In memory of her father Bill.
- 22 Fred Renn: To the Glory of God.
- 29 Dave & Chris Paul: In remembrance of the Reformation.

November Bulletin Sponsors

- 5 Paul & Natalie Lyter
- 12 Daniel & David Reiner: In memory of Janice and Norma Reiner.
- 19 Greg & Helen Evans: In Thanksgiving for Prayers answered.
- 22 Thanksgiving Eve: Dave & Chris Paul, Michael and David, Jr: In loving memory of her Dad, whose favorite holiday was Thanksgiving.
- 26 Michael Paul: In memory of his Pap Hoffman.

Sanctuary Lamp

- October:** Kim and Kaitlyn Bower: In memory of our loved ones.
- November:** Ann Scatena and children: In loving memory of Nevins Wilburn.

Fellowship

- October 8** – Jan Ayers
- November 12** – Don & Linda Deibler

Please call or email the office if there are any errors or deletions.
362-9222 (Chris) salemelizabethville@gmail.com

October Anniversaries:

- 20 Paul & Natalie Lyter **Happy 55th!**

November Anniversaries:

- 10 Dave & Chris Paul



October Birthdays:

- 4 Scott Deitrich
- 4 Aleah Ossman **Happy 30th!**
- 6 Waylon Troutman
- 30 Jay Fulkrod

November Birthdays:

- 5 John Bordner **Happy 65th!**
- 8 Kasey Campbell
- 8 Tom Scheib
- 13 Mary Ellen Oxenrider
- 14 Janice Gransbury
- 19 Diane Heim
- 21 Jean Hoke **Happy 93rd!**
- 21 Lois Kratzer **Happy 82nd!**
- 22 Donna Portzline **Happy 70th!**
- 22 Deb Scheib



Wed. Nov. 22nd @ 7:30 pm

Worship Assistants

OCTOBER ALTAR GUILD: ARLEAH BUEHLER

	Oct. 1	Oct. 8	Oct. 15	Oct. 22	Oct. 29 Reformation Sunday
Lector	Jane Schader	Vicki Yates	Jim Prince	Dennis Reitz	Mattea Schmidt
Prayer/Church	Jim Prince	Mark Ingbritsen	Vicki Yates	Tom Scheib	Carol Reitz
Head Usher	Arleah Buehler	Harold Daub	Dave Reiner	Ron Heim	Angie Heim
Com. Assist.	Chris Paul	Tom Scheib	Harold Daub	Michael Paul	
Com. Assist.	Kasey Campbell	Dennis Reitz	Mark Ingbritsen	Sharyn Farner	
Greeter	Greg Evans	David Farner	David Farner	David Farner	Fred Renn
Greeter	Helen Evans	Aleen Minnich	Ann Scatena	Chris Paul	Judy Paul
Acolyte	Wyatt Troutman	Eric Campbell	Jessica Spacek	Kristen Heim	Austin Heim
Torchbearer	Eric Campbell	Kristen Heim	Jessica Spacek	Tyler Miller	Kristen Heim
Torchbearer	Austin Heim	Wyatt Troutman	Austin Heim	Jessica Spacek	Eric Campbell
Crucifer	Tyler Heim	Tyler Heim	Tyler Heim	Tyler Heim	Tyler Heim
Gospel Bearer	Jessica Spacek	Eric Campbell	Kristen Heim	Wyatt Troutman	Jessica Spacek
Sanctus Bells	Kristen Heim	Austin Heim	Jessica Spacek	Austin Heim	

NOVEMBER ALTAR GUILD ARLEAH BUEHLER & ANN SCATENA

	Nov. 5 All St's. Sunday	Nov. 12	Nov. 19	Nov. 22 T-giving Eve	Nov. 19 Christ the King
Lector	Carol Reitz	Tom Scheib	Chuck Liles	Michael Paul	Michael Paul
Prayer/Church	Michael Paul	David Farner	Sharyn Farner	Michael Paul	Dennis Reitz
Head Usher	Chris Paul	Scott Deitrich	Mark Ingbritsen	Arleah Buehler	Harold Daub
Com. Assist.	Kasey Campbell	Mark Ingbritsen	Tom Scheib	Michael Paul	Dennis Reitz
Com. Assist.	Dennis Reitz	Harold Daub	Sharyn Farner	Chris Paul	Kasey Campbell
Greeter	Martha Jane Fulkrod	Jan Ayers	Harold Daub	Dave Paul	Michael Paul
Greeter	Judy Paul	David Farner	Marie Daub	Chris Paul	Chris Paul
Acolyte	Tyler Miller	Wyatt Troutman	Eric Campbell	Jessica Spacek	Kristen Heim
Torchbearer	Jessica Spacek	Jessica Spacek	Eric Campbell	Tyler Miller	Wyatt Troutman
Torchbearer	Wyatt Troutman	Kristen Heim	Austin Heim	Kristen Heim	Austin Heim
Crucifer	Tyler Heim	Tyler Heim	Tyler Heim	Tyler Heim	Tyler Heim
Gospel Bearer	Kristen Heim	Austin Heim	Kristen Heim	Austin Heim	Kristen Heim
Sanctus Bells	Austin Heim	Wyatt Troutman	Kristen Heim	Wyatt Troutman	Jessica Spacek

ALTAR GUILD

Please see Arleah or Chris for more info.
To serve in this way is a great honor to our Lord.
Duties: wash chalices, paten, and other
communion service items, wash/press linens,
set flowers.



At least one lamp is to be kept burning day and night before the tabernacle in which the Blessed Sacrament is kept.

The Sanctuary Lamp, sponsored by you in memory of those in blessed rest, indicates the real presence of our Lord in this place!



Dated Material – Please do not delay
Address Service Requested



205 W. Main Street
PO Box 427
Elizabethville, PA 17023
717-362-9222
saalemelizabethville@gmail.com
The Rev. Nathan Corl Minnich, STS, Pastor

