

# The "Spirit"



Salem  
Lutheran  
Elizabethville

Jan. - Feb.

Sponsored by:

Tracy & Aleen Minnich  
In Memory of Loved Ones

From the desk of Father Nathan: It is most surely hard to imagine the light from a star leading anyone a great distance, especially for modern technologically advanced people. Think about this, when was the last time you even looked at the stars? Can you even point out particular stars anymore? Could you possibly find your way, without the iphone or GPS, simply by looking at the heavens?

Well, that is akin to an exercise of faith. Looking to something constant in the heavens to guide you is nothing like the things this material world has to offer. Trusting in something that is beyond your reach, understanding, and control is difficult at best. Yet, this is what our Lord is consistently asking us to do. To trust in the God whom we cannot see, in all things, is sometimes frightening. But, when we recognize God, in the form of Jesus, as he gives to us his very Body and Blood in the Eucharist we are looking to heavenly food which to the eyes of flesh look like bread and wine, but to the eyes of the soul are the very living God, body, soul, and divinity broken and shed for you!

The sages of old, left the safety of their contemplation to seek out the God made flesh, Jesus Christ our Lord. They sought him even though they were not of the faithful of Israel. They risked their lives to bend the knee at the savior of the world, yes even the savior of the gentiles. They did him homage, and brought him gifts, just simply to have the opportunity to worship before the great I AM. God continually reminds us of His promises, and offers forgiveness and life everlasting to those who would honor the +Son in these same ways. Can you imagine what it felt like for the Magi, when you come forward with the priceless gift of a contrite heart, and do homage to the very real presence of the Lord at his table? The reception of Holy Communion should draw us just as close to that moment, as if we too were traveling from afar, just to bow before the Lord.

We have so much more than a star to follow. Epiphany, a day which brings to a close the Christmass season, is so much more than just a day. It marks a moment in history which is intimately linked with our moments right now through the same Jesus Christ the Lord. Faith, like our own flesh, becomes stronger when we put it through rigorous exercise. It needs to be pushed, and pulled, comforted and soothed. It needs to be the subject of great discussion and learning so that we might more readily make use of it when everything else in this world fails us. *cont'd on Pg. 7*

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## Important Dates:

### January:

- 16<sup>th</sup> - Health Ministry 7 pm
- 18<sup>th</sup> - Council 6:30 pm
- 21<sup>st</sup> - WNALC 6 pm

### February:

- 2nd- 3rd - Women's Retreat  
Danville  
4:30 pm Fri., Dinner @  
Penn's Tavern
- 12 & 13th - Donut Days
- 14th - ASH WEDNESDAY





*If there's something that you would like to see happen in the Health Ministry, please speak to a member or join us at a meeting.*



**Next Meeting:**  
**Tues., Jan. 16 & Feb. 20**  
**@ 7 pm**

**Blood Pressure screenings are available to everyone during Fellowship each month.**

The winter months are upon us and with that comes the colder weather. So, when you venture outside, cover your head and ears with a hat and protect your hands with gloves. Do you know that your head is your largest body heat source? Wear your sunglasses outside to protect your eyes.



## January is Glaucoma Awareness Month



Glaucoma causes vision loss which is not reversible. The glaucoma is a fluid that builds up in your eye causing pressure which can damage the optic nerve which leads vision loss. As the nerve deteriorates, blind spots develop with your vision. *There are no early warning signs.* The only way to know if you have glaucoma is to have a thorough eye exam with dilation which causes your pupils to dilate and gives the optometrist the ability to look behind your eye for disease.

There are risk factors to consider in the development of glaucoma. Some of those risk factors include:

- Having high internal eye pressure (intraocular pressure)
- Being over age 60
- Having a family history of the condition
- Having certain medical conditions, such as diabetes, heart disease, high blood pressure and sickle cell anemia
- Having certain eye conditions, such as nearsightedness
- Having had an eye injury or certain types of eye surgery
- Early estrogen deficiency; can occur after removal of both ovaries (bilateral oophorectomy) before age 43
- Taking corticosteroid medications, especially eye drops, for a long time (Mayo Clinic, 2017).

### **Weight Management Accountability**

New program - taking control and accountability to eating healthy, exercise and maintaining or losing weight over the upcoming holidays. This involves weighing in on the start of your program and then needing to weigh in every two weeks. For each pound gained, results in \$1.00 payment to the Health Ministry Team.

The money raised will go towards our Biggest Loser Contest during Lent Season.

### **Exercise Classes**

Yoga class continues every Thursday evening from 7-9 PM.  
(Cost is \$5.00 per class.)





# HEALTH MINISTRY CONT'D.

## Guest Speakers

We will have a guest speaker in January due to the results from the surveys completed by the congregation. Mark your calendar:

**Sunday, January 28<sup>th</sup>:**

Hillary McMahon, Licensed Nutritionist will speak on what is a healthy meal, how many calories are needed for healthy weight, etc.

*The presentation will be held during Sunday school time with refreshments.*

**Health Ministry Meetings** are the 3<sup>rd</sup> Tuesday of each month, anyone who has an interest is invited to attend; we are always looking for new fresh ideas. Our next meeting is on January 16<sup>th</sup>, 2018 at 7 PM, join us!

**Health Ministry Team Volunteers** provide rides to appointments, visits, meals when returning home from the hospital, etc. We are looking for additional volunteers. This group takes turns providing these services to parishioners and they pick the days they can help. If you feel you would be able to help provide these services to our church family, please see Sharyn or Pr. Nate.

Let us pray:

*Dear Father:*

*In a season where every heart should be happy, many struggle with heaviness and burdens in their heart. We need your peace as we are not able to handle life's worries and burdens alone. Let us reach to you and confide in you, The Everlasting Father and Prince of Peace. Amen*

On Sat. Nov. 25<sup>th</sup>, Elizabethville buried not one, not two, but THREE Time Capsules! On behalf of Hoover-Boyer Funeral Homes, Pr. Nate donated the 3 urn vaults needed to add everyone's mementos, letters and trinkets for the Sestercentennial celebration in 2067!

Thank you to everyone who participated by including Salem Lutheran Church in the celebration and activities.

*Working together made it all possible!*



# COMMITTEES



## WNALC

of Salem Lutheran Church

### WNALC Upcoming Events:

#### **MARK YOUR CALENDARS!**

Feb. 2-3 – Women's Retreat, Danville

Meeting Dates: Jan. 21<sup>st</sup> 6 pm

Feb. 18<sup>th</sup> 6 pm

### Calling all Salem Women!

All women are *automatically* a member of the WNALC (Women of the North American Lutheran Church) simply by being a Salem Church member!

The group meets on the **THIRD SUNDAY** of each month from 6-7 pm in the fellowship hall. During this time we hold discussions, enjoy various presentations, plan upcoming events and outreach projects, and enjoy a time of fellowship.

Come out and join us!

*If you have a need or an idea for a program or event that you would like to see at Salem or just want to come and check it out, please join us!*

*Feel free to bring a small snack to share!*



At the November meeting, Natalie Lyter taught the ladies how to "embroidery" greeting cards! Thank you Natalie!



*WNALC  
CHRISTMAS  
COOKIE  
EXCHANGE*



**SAVE THE DATE: Feb. 2 & 3 WOMEN'S RETREAT, Danville Basilica** Join us for dinner at Penn's Tavern Fri. @ 4:30 pm

We'll be studying Queen Esther.

call the office to be added to the list.

### **DONUT DAYS!**

**FEB. 12 & 13**

**Volunteers to make donuts are needed. Please call Irene to add your name to the schedule.**

**If you cannot help to make the donuts, donating food for the workers is GREATLY APPRECIATED!**

**Irene: 717-362-8340**





# COMMITTEES

Salem Outdoor Fellowship Association, S.O.F.A.,  
was formed in March 2017.

Raised funding via a YETI cooler/products raffle

Hosted 3 events in 2017:

June – Wobble trap shooting, 25 participants

October – Fall Foliage Train Ride to Jim Thorpe, 36 participants

November – Wobble trap shooting, 35 participants

Similar activities are anticipated for 2018!

**Get off the couch, get outdoors with S.O.F.A.!!**

The regular meetings will be on the 2<sup>nd</sup> Sunday of each month, starting

**January 14, 2018.**

beginning @ 6:30 pm.

Ideas being considered for 2018 and beyond:

- ☐ Invite neighboring congregations to our activities
- ☐ Have SOFA adopt a Church maintenance project(s)
- ☐ Do a “Men’s Retreat”, possible venues Camp Hebron and others
- ☐ An outing on the Pride of the Susquehanna
- ☐ An outing on the Millersburg Ferry
- ☐ Handgun shooting at 911 Rapid Response indoor range
- ☐ A pickup softball game
- ☐ Family trout fishing
- ☐ Continue wobble trap outings at Martz’s
- ☐ Fall Foliage Train Ride 2018

Please join us on January 14, 2018 at 6 pm,

with light refreshments provided.

Subject of the discussion/activity will be announced.







Council Meeting  
Dates: (6:30 pm)  
Jan. 18  
Feb. 15



Congratulations to  
artist  
**Wyatt Troutman!**  
His artwork hung in  
the district board room  
for the month of  
November!  
Follow @udaesart



Shawl  
Ministry  
**Feb. 13<sup>th</sup>**  
**March 13<sup>th</sup>**  
**1 PM**



A big heartfelt THANK  
YOU to Mike & Linda  
Lohenitz for a much  
needed and greatly  
appreciated WHITE  
BOARD for the Adult  
Sunday school!



# PRAYER & SYMPATHY

## Prayer List:

**Hershey Med. Ctr.:** Andrew Klinger (Jane Ingbritsen)  
**Kepler Home:** Richard Matter (Paul & Natalie Lyter)  
**Polk Personal Care:** Hilda Collier, Mary Schade  
**Luther Acres:** Oren Spangenburg (Sarah Challenger)  
**Osteopathic Hospital:** Carole Long  
**At home:** Rosemary Welker (Dorothy Hoffman), Sheila Erdman (Sheena Erdman), Bob Schreffler (Dorothy Hoffman), Sharon & Walter Lehman, Adele Nangle (Ann Scatena), Marija Zorkic (Leah Snyder), Bill Witmer, Dareene Titus, Ed Collier (Natalie Lyter), Henry Reinsburrow (Leah Snyder), Miller Family from Utah (Linda Deibler), Tim Schell, Deb Miller, Frances J. Budd, Norbert Shulz (Jane Ingbritsen), Don Markel, Jr., Heather Deitrich, Terry King (Janice Gransbury), Nancy Harris, Harold "Peanie" Hechler, Clair Engle (Dan Reiner), Mike Wertz, Charles Wright, Rebecca Sharron (Ann Scatena), Aleen Minnich, Dale Snyder (Tracey & Aleen Minnich), Chris Cook, Margie Lehman, Dustin Rhoads (Dave Reiner), Darcy Koppenhaver (Judy Paul), Bob Massari, Sr. (Peg Massari), Andrea Bixler (Marie Daub), Garvin Kissinger, Jeffrey Snyder (Wanda Latshaw), John Chubb, Jessica Ingbritsen, Earl Laine, Arlene Blanchard (Diane Heim), Debbie Pittman, Terry Corsnitz, Judy Buffington & Ken Crone (Lyters), Joan Sanborn (Jessica Spacek's paternal grandmother), Heather Hildebrand (granddaughter of Sarah Challenger)

Please help to keep our prayer list current by contacting the church office for changes  
717-362-9222 or [salemelizabethville@gmail.com](mailto:salemelizabethville@gmail.com)

Epiphany speaks of hardship, struggle, pain and suffering. It's filled with displaced families, and risky travel just to catch a glimpse of God! Our journey is so similar, if only we would rely on seeing differently. What light is guiding your steps? A fake one, that shines where you want it to shine? Is it an oppressive light that seeks to destroy or expose others? Could it be a light so dim that you don't even trust its light? Why not try a light that is love? Amidst a world of lights, can you find one that shows you places where you can bind up brokenness in others? How would it feel to follow a light that caused you to walk alongside someone different from you? What if you gave attention to a light that only revealed opportunities for compassion and selfless love? What if true light enabled us only to see the good in others, and hid from our eyes that which we would judge or condemn?

I don't know about you, but I'm not a fan of the darkness. Many of you can attest to this one! But I'd rather be given limited light (even as tiny as that of a star) if it led me to places where the gospel would heal those who hurt, comfort those who mourn, and feed those who are hungry. Humankind has shone its own false light so brightly, that we've exposed so much more than is needed. Sometimes, I think God likes the mystery of faith so much, that we grieve Him by our own hate-filled ways of discovering everything for ourselves. The Gospel of our Lord is lamp enough for each one of us, and for our soul. It will light our pathway pointing to Christ. It will expose, for ourselves, our shortcomings so that we might seek reconciliation. Epiphany light is not a far off bright ball of gas in space. Epiphany light is the Word of God, present in the beginning of time, through whom all things were made, and was born flesh from the womb of the Blessed Ever-Virgin Mary, Mother of our Lord. And what is it that we see when THIS light shines? We see GOD, in the manger, on the cross, in the Word, and on His altar. Faith can see clearly what the eyes cannot yet behold. "The mystery of your presence, Lord, no mortal tongue can tell: whom all the world cannot contain comes in our hearts to dwell. You satisfy the hungry heart with gift of finest wheat. Come give to us, O saving Lord, the bread of life to eat." (WOV 711)

## Sympathy:

*The family & friends of*  
**Ruth Cook**  
**William Miller**  
**Elsie Phillips**



# Altar Flower Sponsors

## **January Large Vases** (\$20.00 ea.)

- 7 Henry & Marlene Leshner: In honor of Robin's birthday. *Happy Birthday!*  
14 Stan & Arleah Buehler: In memory of loved ones.  
21 Henry & Mary Ellen Paul: In memory of loved ones.  
28 Margie Lehman: In loving memory of her mother Eppie Lehman.

## **SMALL ALTAR VASES:** (\$7.50 ea.)

- 7 Harold & Marie Daub: In Glory and Honor to God, and a wish for a Happy & Healthy 2018 for all.  
14 Jason & Angela Heim: In celebration of Austin's birthday. *Happy Birthday!*  
21 **SPONSOR NEEDED**  
28 Ann Scatena: In honor of her Great Grandchildren.



## **February Large Vases** (\$20.00 ea.)

- 4 Doyle & Gerri Deppen: In memory of loved ones.  
11 Harold & Marie Daub: In honor of Janes Fitzpatrick's birthday. *Happy Birthday!*  
14 Stan & Arleah Buehler: In memory of loved ones.  
Ann Scatena: In loving memory of her mother Mildred Erdman.  
18 Dale & Arlene Feidt: In loving memory of Barbara, Cora and Herbert Buffington  
25 Martha Jane Fulkrod & Family, Tom Hain & Family: In loving memory of Norman & "Sue" M. E. Hain.

## **SMALL ALTAR VASES:** (\$7.50 ea.)

- 4 Harold & Marie Daub: In honor of Janes Fitzpatrick's birthday. *Happy Birthday!*  
11 Jason & Angela Heim: In celebration of Kristen's birthday. *Happy Birthday!*  
14 Chris & Michael Paul: In honor of Dave's birthday. *Happy Birthday!*  
18 Ann Scatena: To the Glory of God.  
25 **SPONSOR NEEDED**



Have you  
remembered  
the church in the  
planning of your  
estate?



# SPONSORSHIPS/BIRTHDAYS/ ANNIVERSARIES

## January Bulletin Sponsors

7 Mike & Linda Lohenitz: In honor of Rev. Nate.  
14 Mike & Linda Lohenitz: In honor of Rev. Nate.  
21 Mike & Linda Lohenitz: In honor of Rev. Nate.  
28 **SPONSOR NEEDED**

## February Bulletin Sponsors

4 **SPONSOR NEEDED**  
11 **SPONSOR NEEDED**  
14 Chris and Michael Paul: In honor of the Lenten season.  
18 Jay & Martha Fulkrod: To the Glory of God.  
25 **SPONSOR NEEDED**



## Sanctuary Lamp

**January:** Harry & Joan Minnich: In loving memory of all our loved ones.

**February:** Greg & Helen Evans: In memory of loved ones.

## Fellowship

**January 14<sup>th</sup>** – **SPONSOR NEEDED**

**February 11<sup>th</sup>** – **SPONSOR NEEDED**

*Please call or email the office if there are any errors or deletions.*

362-9222 (Chris) [salemelizabethville@gmail.com](mailto:salemelizabethville@gmail.com)

*Thank you Linda Deibler, for the beautiful  
Christmas season flower arrangements in  
the Fellowship Hall.*

## January Anniversaries:

25 Mr. & Mrs. Robert Portzline

## February Anniversaries:

*There are no anniversaries this month.*

## January Birthdays:

4 Carol Reitz  
5 Jessica Ingbritsen  
14 Mark Ingbritsen  
14 Dave Reiner **HAPPY 55<sup>th</sup>!**  
17 Austin Heim **HAPPY 10<sup>th</sup>!**  
27 Arlene Feidt **HAPPY 84<sup>th</sup>!**  
29 Ben Cunningham **HAPPY 81<sup>st</sup>!**

## February Birthdays:

1 Pr. Nathan Minnich  
2 Durene Archer  
6 Bob Sitlinger **Happy 75<sup>th</sup>!**  
10 Brenda Bordner  
11 Stan Buehler **Happy 75<sup>th</sup>!**  
13 Kristen Heim  
15 Tonia Martz  
17 Greg Evans **Happy 75<sup>th</sup>!**  
17 Dave Paul, Sr.  
25 David Yates  
27 Sharyn Farnier



# Worship Assistants

## JANUARY ALTAR GUILD:

JILL LILES AND RACHEL ZIMMERMAN

	Jan. 7	Jan. 14	Jan. 21	Jan. 28
<b>Lector</b>	Ann Scatena	Ben Margerum	Jane Schader	Harold Daub
<b>Prayer/Church</b>	Mark Ingbritsen	Sharyn Farner	Denny Reitz	Kasey Campbell
<b>Head Usher</b>	Mark Ingbritsen	Harold Daub	Dave Reiner	Ron Heim
<b>Com. Assist.</b>	Kasey Campbell	Helen Evans	Tom Scheib	Dennis Reitz
<b>Com. Assist.</b>	Dennis Reitz	Harold Daub	Sharyn Farner	Chris Paul
<b>Greeter</b>	David Farner	Tom Scheib		David Farner
<b>Greeter</b>		Deb Scheib		
<b>Acolyte</b>	Tyler Miller	Wyatt Troutman	Eric Campbell	Jessica Spacek
<b>Torchbearer</b>	Jessica Spacek	Eric Campbell	Jessican Spacek	Eric Campbell
<b>Torchbearer</b>	Wyatt Troutman	Kristen Heim	Austin Heim	Kristen Heim
<b>Crucifer</b>	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller
<b>Gospel Bearer</b>	Kristen Heim	Austin Heim	Kristen Heim	Austin Heim
<b>Sanctus Bells</b>	Austin Heim	Wyatt Troutman	Eric Campbell	Wyatt Troutman

## FEBRUARY ALTAR GUILD:

ARLEAH BUEHLER AND JANICE GRANSBURY

	Feb. 4	Feb. 11	Feb. 14 ASH WED	Feb. 18	Feb. 25
<b>Lector</b>	Chuck Liles	Vicki Yates	Michael Paul	Jim Prince	Dennis Reitz
<b>Prayer/Church</b>	Tom Scheib	Sharyn Farner	Jim Prince	Carol Reitz	Michael Paul
<b>Head Usher</b>	Angie Heim	Chris Paul	Scott Deitrich	Kasey Campbell	Mark Ingbritsen
<b>Com. Assist.</b>	Helen Evans	Michael Paul	Michael Paul	Sharyn Farner	Chris Paul
<b>Com. Assist.</b>	Kasey Campbell	Mark Ingbritsen	Dennis Reitz	Tom Scheib	Harol Daub
<b>Greeter</b>		Michael Paul	Michael Paul		
<b>Greeter</b>		Chris Paul	Chris Paul		
<b>Acolyte</b>	Jessica Spacek	Eric Campbell	Wyatt Troutman	Tyler Miller	Jessica Spacek
<b>Torchbearer</b>	Eric Campbell	Jessican Spacek	Eric Campbell	Jessica Spacek	Eric Campbell
<b>Torchbearer</b>	Kristen Heim	Austin Heim	Kristen Heim	Wyatt Troutman	Kristen Heim
<b>Crucifer</b>	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller
<b>Gospel Bearer</b>	Austin Heim	Kristen Heim	Austin Heim	Kristen Heim	Austin Heim
<b>Sanctus Bells</b>	Wyatt Troutman	Eric Campbell	Wyatt Troutman	Austin Heim	Wyatt Troutman

## ALTAR GUILD

Please see Arleah or Chris for more info.  
To serve in this way is a great honor to our Lord.  
Duties: wash chalices, paten, and other  
communion service items, wash/press linens,  
set flowers.







Many thanks to Linda & Mike Lohenitz for supplying homemade Kings' Cake for our Epiphany brunch!



Donating to **Salem Lutheran** through the Amazon Smile Foundation is very easy. Every time you want to purchase something at **Amazon.com**, go to **Smile.Amazon.com** instead! Designate **Salem Lutheran Church Elizabethville** as your charity of choice. A percentage of each purchase price will be donated to us every quarter!!!

*Thank you in Advance!*



Welcome Children of God!

Taden & Archer Zearing, children of Danielle & Travis.

Baptized Epiphany Sunday  
January 7, 2018

### *Correspondence:*

A Thank You note from the parents of Maverick – who attends the Kiddie Garden Daycare:

*Dear Church members,*

*We would like to THANK YOU ALL for the generous gifts you had given to both us and our son, who attends the Kiddie Garden Daycare. What a thoughtful gesture. Wishing everyone a blessed 2018.*

*Thank you again, Scott, Jocelyn and Maverick.*



Go check out the website:  
[www.salemlutheranelizabethville.org](http://www.salemlutheranelizabethville.org)

There you will find everything you need to know. You can follow the church calendar, and keep current on events. There is always a recording of the message and parts of the service posted after each Sunday. But NOW...you can watch the service on livestream! This is reserved ONLY for those who are homebound or at great distance. Your proper place is with the people of God at worship to receive the true Body and Blood of Jesus, but there are times when this keeps connected the people of God even when separated for reasons which require distance. Please ask Pastor Nathan for the password if: you are homebound, live at a great distance, or are travelling and wish to witness Salem's worship.

At least one lamp is to be kept burning day and night before the tabernacle in which the Blessed Sacrament is kept.

The Sanctuary Lamp, sponsored by you in memory of those in blessed rest, indicates the real presence of our Lord in this place!



Dated Material – Please do not delay  
Address Service Requested



The Rev. Nathan Corl Munnich, STS, Pastor  
salemlizabethville@gmail.com

717-362-9222

Elizabethville, PA 17023

