

March – April Sponsored by: Stan & Arleah Buehler In celebration of Jesus' resurrection



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Important Dates:

March 10: Family Game Night & Pot Luck March 14: Mid-Week Lenten Svc. March 25-31: HOLY WEEK

Holy Week and Easter Services



From the desk of Father Nathan

Grace and Peace be unto you from God our Father, and our Lord Jesus Christ.We are nearing the chief celebration of the church, the very central act of God in our salvation, the raising of Jesus from the dead. The conquering of death destroyed sin, death, and the power of Satan over us all. No more do we need to fear the grave...any more than we fear our bed in sleep, for if we have been united with Him in a death like his, we shall certainly be united with Him in a resurrection like His!

This central tenant of our faith rests on the foundation of the mystery of what happened in that Jerusalem tomb on Holy Saturday. In all that you do, say, and believe, do you profess Christ crucified, died, AND RISEN? I ask you this question with great confidence that through the weekly celebration of the Holy Supper, you have been drawn closer to the Savior by his very Body and Blood, instituted for us at the Last Supper as an everlasting command, promise, and physical presence. The immeasurable worth of this mystery is to be held in the highest veneration. The most glorious miracle is physically present with us always. The 'how' behind the true Body and true Blood, under the and through bread and wine remains the mystery of our faith. Yet, it is faith itself which brings us to the fullest understanding of this mystery. By this faith we have been saved, each and every time we offer nothing more than a repentant heart and believe. The gift of true body and true blood is the real presence of Jesus Christ our Lord, present in the fullness of his incarnate flesh, the same flesh that was beaten, crucified, and took up life and walked out of the grave!

Now, how did you do during Lent? Did you challenge yourself by the LENTEN APPEAL? Did you do well? Did these simple steps make a difference in your life? Read them again, just maybe they have become a habit.

- PRAY Daily-simply repeat the prayer in your weekly bulletin, and remember BY NAME the prayer list names
- COME-to the worship of the Lord. Can you add just one Sunday to your current schedule? We can all engage this level. If you never miss a Sunday, add an evening service (which is a different experience all together) If you are present only once in a while, you miss so much of the Holy Scripture and its story! One more is easy! *cont'd on Pg. 7*



March is Colorectal Awareness Month



Colorectal cancer is the third most common cancer in the United States and the second leading cause of death from cancer. If everyone ages 50 and older were screened regularly, 6 out of 10 deaths from colorectal cancer could be prevented. We all complain we don't have time; we don't want to do that because it's disgusting to think about. Let me give you this scenario. You're over the age of 50, some days you poop easily, or it may go several days till you poop and it's hard as a rock and you're straining and struggling. Your thought is, well I'm just getting older maybe some prunes or fiber will help, but it doesn't. So, you continue to struggle until you end up with severe abdominal pain and in the emergency room. Long story short, you end up having the colonoscopy emergently only to discover you have advanced colon cancer which could have been detected much earlier when the symptoms began. Get your colonoscopy if over the age of 50!!!

If there's something that you would like to see happen in the Health Ministry, please speak to a member or join us at a meeting.

> Next Meeting: 3rd Tues. of the month:

March 20 and April 17, 2018 at 7 PM

Blood Pressure screenings are available to everyone during Fellowship each month.

April is World Health Day

World Health Day is a global health awareness day celebrated every year on April 7 under the sponsorship of the World Health Organization. WHO is an agency of the United Nations that focuses on the public health of the world. Through the efforts of WHO we have seen the eradication of small pox and efforts now turned to eradicate tuberculosis and HIV/AIDS. Everyone needs to be concerned about the health of themselves and their community. Know your environment - know your neighbor. God commands us to care for one another and by knowing the area and people around you; you can take a stand in promoting the health and wellbeing of your community. An example is the standing water in a bucket or old tire. This is an ideal breeding ground for mosquitos who spread disease by consuming the blood of its hosts and moving from victim to victim spreading it as it goes. Take responsibility for your health and those around you by dumping that water out.



Biggest Loser contest has begun! To participate in this contest requires a \$3.00 donation which goes towards the **prize of \$100.00 gift certificate to the shopping mall/store of your choice!** To win the contest, the person with the highest percentage of weight loss will be deemed the winner.

Final weigh in will be Easter Sunday, April 1st.

Yoga class continues every Thursday evening from 7-8 pm. \$5.00 per class. What better way to gain flexibility, help with balance and relax at the end of the day??

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HEALTH MINISTRY CONT'D.

Guest Speakers

April 22nd, David Farner will be speaking on Special Olympics events in the area, his role in Special Olympics, need for volunteers and funding to keep programs running at no cost to participants.

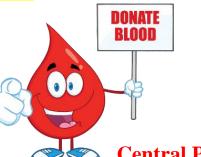
May, Cindy Stauffer, Licensed Psychologist will return to evaluate the group on how we've done with task assigned. She will provide insight and feedback to us.

Both presentations will be held during Sunday school time with *refreshments*.



CPR class is in the process of being scheduled for April. There were 10 participants for a class in 2016, which means your card is about to expire. To schedule this class, a minimum of 10 participants is required. The cost of the class is \$30.00. CPR class recertification will be held on a Saturday from 9 am-12 noon in the church basement. **Contact Sharyn Farner by March** 17th so a class can be scheduled and confirmed **before your expiration of April 2018.** Health Ministry Team Volunteers provide rides to appointments, visits, meals when returning home from the hospital, etc. We are looking for additional volunteers. This group takes turns providing these services to parishioners and they pick the days they can help. If you feel you would be able to help provide these services to our church family, please see Sharyn or Pr. Nate.

Let us pray: Dear Father: Let us pray for the health and healing of those persons around us. May God heal any sickness in us and those around us whether it be physical, mental, or spiritual. May he give good health, energy, and joy today, so we can carry on his good works and deeds. In Jesus Name we pray, Amen



Sentral PA Blood Bank

The blood bank strives to have an inventory level of seven days to meet the average daily needs of people in central Pennsylvania. For various reasons, including the unpredictable demands from trauma incidents, the blood inventory fluctuates hourly. Residents in our area are benefactors to receiving first rate health care systems that rely on adequate blood supply. With the current low blood supply this will impact patient care and the potential for life survival. We will have a blood drive:

Saturday, May 12th from 9 am-2 pm

There will be a sign-up sheet passed around on the upcoming Sunday's. Donate blood and receive a free flower for your Mother on Mother's Day, Sunday, May 13th. Snacks, and drinks will be provided for those that donate blood. Do you know that by donating blood to the Central Pa. Blood Bank, your blood stays in the Central Pennsylvania area to treat your neighbors, friends, and family?

WNALC

2018 Women's Retreat

by Linda Lohenitz

On a bitterly cold but beautifully clear February day, the women of Salem Lutheran set out for the Annual Women's Retreat. This was my first experience attending the retreat, so I am honored that I was asked to provide my thoughts for the newsletter.

The retreat started for many of us with dinner at Penns Tavern. Once seated and following our prayer of thanks, we were promptly served delicious meals. We enjoyed lively conversation, and it was clear that the group was excited about the time together.

Upon our arrival at the Basilica complex, we were greeted by Father Nathan. He spent many hours there prior to our arrival assuring that all was in order for us to have a successful retreat. After settling into our simple and spotlessly clean rooms, we made our way to the Basilica for Vespers. The Basilica is a beautiful tribute to God and a wonderful place for worship. At the end of Vespers, Father Nathan talked of the Christian Holy Day, Candlemas, celebrated on February 2nd. He presented us with candles and melting wax scented with Frankincense and Myrrh for us to use in our homes as a way to remember the Nativity of our Lord and the Purification of Marv.





After evening Vespers we began our study of Queen Ester and how she was able to save her people living in Persia. As always, Father Nathan presented us with some thought provoking questions... Who was Ester? What kind of a woman was she really? Why did some theologians and church leaders think The Book of Ester may not belong in the Bible as God is never mentioned? Who wrote the book of Ester? What was happening to the Jewish people and their Temple at the time Ester was Queen.⁹ How did the history of Persia enter into the story of Ester? How does she provide us with guidance in our relationships with others through the Truth? During this first session, at our late night fellowship time, at breakfast, and during our second day session on Ester, we had thoughtful discussion about what our answers might be to these questions.

Outside of discussion on Queen Ester, we spent many hours in the Basilica. In addition to Vespers together we had Compline, Matins, time for silence and prayer and celebrated Mass. We were amazed that the readings each day were so appropriate for the study of this influential woman of the Bible by the women of our church. We were blessed to have Father Nathan leading us, Kasey Campbell providing beautiful vocals, Vicki Yates reading the Liturgies, and Dan Umholtz playing both the piano and organ. Each enhanced our experience.

We left determined to return next year but taking even a few hours longer to be together. We found our discussion on Ester so interesting that we talked about taking a few weeks in Sunday school to share what we uncovered in our journey through the Book of Ester. Many of us were inspired to read *"Far More Precious than Jewels"*, a book referenced by Father Nathan during our time together. Clearly, our time together was rewarding.

Many thanks to Father Nathan and all who planned, contributed, and participated. I truly look forward to our 2019 Retreat!!

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Meeting Dates: March 18 April 15 6:30 pm



DONUT UPDATE: THANK YOU to all who donated their time and/or food during "Donut Days" at Salem. This event profited \$4,888.19!

-Parish Life



Don was crowned "DON, THE DUKE OF DONUTS, DEIBLER" by his co-workers on Donut Day at Salem!!

Calling all Salem Women!

All women are *automatically* a member of the WNALC (Women of the North American Lutheran Church) simply by being a Salem Church member! The group meets on the THIRD SUNDAY of each month from 6-7 pm in the fellowship hall. During this time we hold discussions, enjoy various presentations, plan upcoming events and outreach projects, and enjoy a time of fellowship. Come out and join us!

If you have a need or an idea for a program or event that you would like to see at Salem or just want to come and check it out, please join us!

Feel free to bring a small snack to share!



Council Meeting Dates: (6:30 pm) March 15 April 19



S.O.F.A.

Salem Outdoor Fellowship Association Get off the couch, get outdoors with S.O.F.A!!

> The regular meetings will be on the 2^{nd} Sunday of each month, beginning @ 6:30 pm.

Meeting Dates: March 4th and April 8 @ 6:30 pm



S.O.F.A. hosted a gun safety and wildlife of PA discussion, enjoyed by the young male members of our congregation. The group discussed basic gun handling and safety in preparation for our upcoming wobble trap shoots later this year. We also discussed furbearers of Pennsylvania. The boys were taught how to handle and use turkey calls. *From left to right: Tristan Zimmerman, Aiden & Eric Campbell, Damien Erdman and (in the back) Austin Heim*

STAFF MEETING: Tues., March 13th 7 pm

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You shop. Amazon gives.

Donating to Salem Lutheran through the Amazon Smile Foundation is very easy. Every time you want to purchase something at Amazon.com, go to Smile.Amazon.com instead! Designate Salem Lutheran Church Elizabethville as your charity of choice. A percentage of each purchase price will be donated to us every quarter!!! Thank you in Advance!

e is not here: lor he is

as he said

PRAYER & SYMPATHY

Prayer List:

Hershey Med. Ctr.: Andrew Klinger (Jane Ingbritsen) Kepler Home: Richard Matter (Paul & Natalie Lyter) Polk Personal Care: Hilda Collier, Mary Schade Luther Acres: Oren Spangenburg (Sarah Challenger)

At home: Linda Lehman, Tim Savage (Jan Ayers), Shirley Buffington (Leah Snyder), Bob Fite (Michael Paul), Dylan Hassinger, Doyle Deppen, Kyah Sampsell (Chris Paul), Lois Butts (Ann Scatena), Ethel Oxenrider(Leah Snyder), Judy Paul, Rosemary Welker (Dorothy Hoffman), Carole Long, Sharon & Walter Lehman, Adele Nangle (Ann Scatena), Marija Zorkic (Leah Snyder), Bill Witmer, Dareene Titus, Henry Reinsburrow (Leah Snyder), Miller Family from Utah (Linda Deibler), Tim Schell, Deb Miller, Frances J. Budd, Norbert Shulz (Jane Ingbritsen), Heather Deitrich, Terry King (Janice Gransbury), Nancy Harris, Harold "Peanie" Hechler, Clair Engle (Dan Reiner), Mike Wertz, Charles Wright, Rebecca Sharron (Ann Scatena), Aleen Minnich, Dale Snyder (Tracey & Aleen Minnich), Chris Cook, Andrea Bixler (Marie Daub), Garvin Kissinger, Jeffrey Snyder (Wanda Latshaw), Jessica Ingbritsen, Earl Laine, Arlene Blanchard (Diane Heim), Debbie Pittman, Terry Corsnitz, Judy Buffington & Ken Crone (Lyters), Joan Sanborn (Jessica Spacek's paternal grandmother), Heather Hildebrand (granddaughter of Sarah Challenger) Please help to keep our prayer list current by contacting the church office for changes 717-262-0222 or salemelizabethville@gmail.com

Sympathy:

The family & friends of Barb Snody James Fitzpatrick Ed Collier Margie Lehman

Cont'd from pg. 1

- WORK-In all the things that need done for your home to stay safe, clean, repaired...the same is needed here.
- GIVE-Too often I am disheartened when I hear of churches who speak of offering all the time...you don't often hear that mentioned here, but let's be honest...without giving increases (even just a small amount) the ministry struggles to grow. Let's show this world that we intend to grow beyond imagination, help fund some ministry of Salem with your treasure, therein will be where your heart grows too!
- HELP Others need us more than we know. If Salem is helping a need that is close to your heart, get in, get involved. If we are not, let's get started! You know of needs, more often much quicker than the church.
- WORSHIP There is so much more to worship than just being here! There are no barriers for your active participation except the ones you see. Lectors, communion assistants, choir members, prayer readers, greeters, children's support, learning, visitation, transportation, acolytes, etc. Ever part of your being can worship God.

Appeal: means to make a serious or urgent request. I do appeal to you all. Urgently, because your faith is so vitally important to your salvation, your confidence in the face of difficulty, your comfort in the face of pain, your hope in the face of death. Seriously, because I do firmly believe that there is nothing more serious than your faith. In life, all else can wait, and even if it never comes and you spend your days longing for something that never becomes reality, Faith is *seriously* everything you could ever want.

In the blessed assurance of life everlasting, through the merits of Christ Jesus alone, and because of His resurrection from the grave, I pray that you will find forgiveness of sins and hope eternal.

HAPPY EASTER!

Rev. Nathan al finich

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Altar Flower Sponsors

March Large Vases (\$20.00 ea.)

4 Conrad & Rose Fortney: In memory of Mr. & Mrs. Francis Reed, Emma & Helen Reed.

- 11 Judy Paul: In memory of loved ones.
- 11 Andy & Brenda Leitzel: In memory of Derl & Hilda Rebuck.

18 Mike & Linda Lohenitz: In memory of loved ones.

- 25 Dorothy and Robin Hoffman: In honor of Chris Paul's birthday. *Happy Birthday!*
- 29 Robert & Carole Long: In loving memory of his mother, Mary Long.

SMALL ALTAR VASES: (\$7.50 ea.)

- 4 Jason & Angela Heim: In honor of their church family.
- 11 Ann Scatena: To the Glory of God and in honor of her grandchildren.
- 18 Dorothy Hoffman:
- 25 Ann Scatena: To the Glory of God.
- 29 Don & Linda Deibler: In honor of our sacrificed Lord.
- 31 Dave & Chris Paul: In honor of her mother, Dorothy Hoffman.

April Large Vases (\$20.00 ea.)

- 1 Fred Renn: In loving memory of his wife Marian J. Renn.
- 8 Bev Brooks: In memory of loved ones.
- 15 Sarah Challenger: In memory of Jim Challenger and John & Elsie Kratzer.
- 15 Melva Reinhard: In loving memory of her husband Jack.
- 22 Lois Kratzer: In memory of loved ones.
- 22 Tom & Deb Scheib: In memory of loved ones.
- 29 Irene Lehman: In memory of loved ones.
- 29 Henry & Mary Ellen Paul: In memory of loved ones.

SMALL ALTAR VASES: (\$7.50 ea.)

- 1 Pr. Nathan: In honor of our Risen Savior Jesus Christ the Lord.
- 8 Dave & Dan Reiner: In loving memory of Janice and Norma Reiner.
- 15 Janice Gransbury: In honor of her great granddaughter, Chloe's birthday. Happy Birthday!

22 SPONSOR NEEDED

29 Ann Scatena: In loving memory of her mother, Mildred Erdman.



Have you remembered the church in the planning of your estate?



Sponsorships/Birthdays/Anniversaries

March Bulletin Sponsors

4 Ron & Diane Heim
11 Harold & Marie Daub: In loving memory of James & Kathryn Fitzpatrick
18 Cindy Ayers:
25 Greg & Helen Evans: In memory of loved ones.
29 Don & Linda Deibler:
30 Rachel Zimmerman: In celebration of our risen Lord.
31 SPONSOR NEEDED

April Bulletin Sponsors

Fred Renn: In loving memory of Marian J. Renn
 8 David Farner:
 15 Paul & Natalie Lyter: In memory of loved ones.
 22 SPONSOR NEEDED
 29 SPONSOR NEEDED

Sanctuary Lamp

March: Don & Linda Deibler – In memory of Linda Sitlinger and Margie Lehman April: Fred Renn – In loving memory of Marian J. Renn

Fellowship

March 11th – Jason & Angie Heim April 8th – Salem's Youth Please call or email the office if there are any errors or deletions. 362-9222 (Chris) salemelizabethville@gmail.com

March Anniversaries:

14 Mr. & Mrs. Curtis Martz

April Anniversaries:

7 Mr. & Mrs. Bob Ramer 27 Mr. & Mrs. Dennis Reitz

March Birthdays:

6 Linda Lohenitz 6 Dennis Reitz 6 Mary Jane Witmer Happy 78th! 9 Kim Bower 12 Tara (Minnich) Smith 13 Jaxon Lehman 13 Ben Margerum Happy 60th! 13 Judy Paul Happy 77th! 15 Fred Renn Happy 79th! 17 Melva Jane Reinhard Happy 90th! 21 Ron Heim 21 Nora Michael 22 Kasarah Liles Happy 30th! 25 Cindy Ayers 27 McKenna Dunlop 30 Eric Deitrich 31 Chris Paul

April Birthdays:

2 Heidi Bohn 7 Pam Ramer 11 Aleen Minnich 11 Mary Ellen Paul **Happy 72^{nd!}** 17 Lori Paul **Happy 65^{th!}** 17 Dan Reiner **Happy 86^{th!}** 19 Bob Ramer 23 Brandy Ayers 28 Aiden Campbell

Harold & Marie Daub were blessed with the birth of their FIRST grandchild: Claire Kathryn Prickett on Sat., March 3rd. Claire weighs 6.2 lbs, and she's 19 3/4" long - born at 11:49 pm. Congratulations to the Prickett & Daub families!





Worship Assistants

MARCH ALTAR GUILD: ARLEAH BUEHLER AND JANICE GRANSBURY

	Mar. 4	Mar. 11	Mar. 14 Mid Week	Mar. 18	Mar. 25 Palm Sun.
Lector	Tom Scheib	Mattea Schmidt	Michael Paul	Carol Reitz	Sharyn Farner
Prayer/Church	Mark Ingbritsen	Sharyn Farner		Kasey Campbell	Michael Paul
Head Usher	Harold Daub	Dave Reiner	Ron Heim	Ron Heim	Angie Heim
Com. Assist.	Kasey Campbell			Dennis Reitz	Kasey Campbell
Com. Assist.	Dennis Reitz			Chris Paul	Helen Evans
Greeter	Harold Daub	Tom Scheib	Michael Paul	Greg Evans	Jana Miller
Greeter	Marie Daub	Deb Scheib	Chris Paul	Helen Evans	Judy Paul
Acolyte	Tyler Miller	Wyatt Troutman	Eric Campbell	Jessica Spacek	Wyatt Troutman
Torchbearer	Jessica Spacek	Eric Campbell	Wyatt Troutman	Eric Campbell	Eric Campbell
Torchbearer	Wyatt Troutman	Kristen Heim	Austin Heim	Kristen Heim	Kristen Heim
Crucifer	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller
Gospel Bearer	Kristen Heim	Austin Heim	Kristen Heim	Austin Heim	Austin Heim
Sanctus Bells	Austin Heim			Wyatt Troutman	Wyatt Troutman

	Mar. 29	Mar. 30	Mar. 31
Lector	Natalie Lyter		Michael Paul
Prayer/Church			
Head Usher	Chris Paul		
Com. Assist.			
Com. Assist.			
Greeter	Ron Heim	Dave Paul	
Greeter	Diane Heim	Chris Paul	



ALTAR GUILD

Please see Arleah or Chris for more info. To serve in this way is a great honor to our Lord. Duties: wash chalices, paten, and other communion service items, wash/press linens, set flowers.

APRIL ALTAR GUILD: ARLEAH BUEHLER AND JANICE GRANSBURY

	EASTER SUN.	Apr. 8	Apr. 15	Apr. 22	Apr. 29
Lector	Chuck Liles	Gerri Deppen	Mark Ingbritsen	Kasey Campbell	Michael Paul
Prayer/Church	Tom Scheib	Sharyn Farner	Jim Prince	Carol Reitz	Michael Paul
Head Usher	Angie, Scott, Mark, Harold	Dave Reiner	Ron Heim	Angie Heim	Chris Paul
Com. Assist.	Helen Evans	Michael Paul	Michael Paul	Helen Evans	Sharyn Farner
Com. Assist.	Kasey Campbell	Mark Ingbritsen	Dennis Reitz	Tom Scheib	Harol Daub
Greeter	David Farner	Fred Renn	Janice Gransbury	Harold Daub	Greg Evans
Greeter		Judy Paul	Martha Jane Fulkrod	Marie Daub	Helen Evans
Acolyte	Jessica Spacek	Eric Campbell	Jessica Spacek	Tyler Miller	Jessica Spacek
Torchbearer	Eric Campbell	Jessica Spacek	Eric Campbell	Jessica Spacek	Eric Campbell
Torchbearer	Kristen Heim	Austin Heim	Kristen Heim	Wyatt Troutman	Kristen Heim
Crucifer	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller
Gospel Bearer	Austin Heim	Kristen Heim	Austin Heim	Kristen Heim	Austin Heim
Sanctus Bells	Wyatt Troutman	Eric Campbell	Wyatt Troutman	Austin Heim	Wyatt Troutman





Sun., March 25th - PALM SUNDAY Svc. of Holy Communion 9 am

Thurs., March 29th - Maundy Thursday Svc. 7:30 pm

Holy Vigil @ Salem: Maundy Thurs. 8:30 pm - Holy Sat. 6:00 pm Sign up in the Notebook in the narthex.

Fri., March 30th - Good Friday Community Svc. 7:30 pm

Sat., March 31st - Holy Saturday Svc. 7:30 pm

STATIONS OF THE CROSS: GOOD FRIDAY MARCH 30th Noon

Sat., March 31st 6:30 pm





205 W. Main Street PO Box 427 Elizabethville, PA 17023 717-362-9222 salemelizabethville@gmail.com 76e Rev. Mathan Corl Minnich, STS, Pastor



Dated Material – Please do not delay Address Service Requested

There you will find everything you need to know. You can follow the church calendar, and keep current on events. There is always a recording of the message and parts of the service posted after each Sunday. But NOW...you can watch the service on livestream! This is reserved ONLY for those who are homebound or at great distance. Your proper place is with the people of God at worship to receive the true Body and Blood of Jesus, but there are times when this keeps connected the people of God even when separated for reasons which require distance. Please ask Pastor Nathan for the password if: you are homebound, live at a great distance, or are travelling and wish to witness Salem's worship.

North American Lutheran Church

At least one lamp is to be kept burning day and night before the tabernacle in which the Blessed Sacrament is kept.

The Sanctuary Lamp,

sponsored by you in

memory of those in

blessed rest, indicates

the real presence of our Lord in this place!

Go check out the website: www.salemlutheranelizabethville.org