

The "Spirit"



Salem Lutheran

Elizabethville

Index

Health Ministry Pg. 2-3
"What's Happening @ Salem?" Pg. 4
Committees Pg. 5-7
Prayer/Sympathy List Pg. 8
Altar Flower Sponsors Pg. 9
Sponsorships/Birthdays/Weddings Pg. 10
Worship Assistant Schedule Pg. 11
Believe in Blessings (Thrift Shop) Pg. 12
Additional Info. Pg. 13

From the desk of Father Nathan:

Time seems to fly lately. Maybe it's because there is so much going on, or maybe it is because our attention is continually focused upon things temporal and not eternal. I'm sure if our thoughts (and prayers) were attentive to that which will persist into eternity we wouldn't notice so much of what seems to fly past us daily. Imagine for a minute, spending an equal amount of time each day contemplating things that concern your strength of faith as you do those things which concern daily living. Could it be that your worry, suffering, or distraction would fall to the background of your thoughts, only surpassed by your compassion for others, your concern for the world around you, your love of Christ Jesus, and an overall sense of faith and joy? There is much that can be said for a people who commit themselves to growing in faith. What would it look like if your own growth would cause you to read just a bit more scripture? What would life feel like if you paused to pray just 5 minutes more a day, and to focus those prayers in as much listening as speaking? The Holy Spirit is continually calling us to new opportunities to share our faith (and everything else we control) with those around us. This is not just a comment about our tithes and offerings, but rather it is that and so much more. What, you may ask, is more valuable than our money? EVERYTHING! Imagine the impact made in our children's lives if you gave just ONE HOUR to help teach them about Jesus in Sunday School. Do you think that investment is valuable? I promise you that you would be amazed at the outcome of that gift! Imagine the impact of a phone call to one stuck at home. Imagine the impact of your smile at worship as a greeter. Imagine the impact of your regular attendance on Sunday mornings, and the many, many people who witness your activity. There are so many ways to make a small change that will certainly enhance the lives of those around you. And, you can do it with very little effort (especially when compared to the amount of effort and worry we place on those things which will not last).

If you have not seen the new flooring at the church you are really missing out on a beautiful new design of the sanctuary. Also, you may have noticed that the livestream of the service has now moved to Facebook. For the current time we're streaming live, just to see how things go. Give us your feedback, but
Cont'd on Pg. 7





September is back to school for our children and with back to school, comes changes, new friends, and not-so-nice friends.



September is Bully Awareness & Prevention Month

There are many warning signs of either being bullied or bullying others. Recognizing the signs is the first step to stopping the bully and bullying behavior. Some of the signs a **child is being bullied** include: coming home from school with unexplained injuries; such as bruising, hair being pulled out, scratches on the arms, legs, face, lost or missing clothing, jewelry, books, electronics, complaints of headache, stomach ache, along with not wanting to go to school, change in eating habits or coming home from school hungry due to not eating lunch, nightmares, declining grades, sudden loss of friends, decreased self-esteem, running away from home, talk of suicide or sudden interest in suicide.

Children who tend to be the bully are those who are well connected with their peers and feel they have social power; wanting to be in charge and dominate others. They exhibit signs of aggressiveness, are easily frustrated, think badly of others, and don't follow rules. Some of the signs a **child is the bully** include: getting into physical and verbal fights, increasing aggressiveness, principal's office and/or detention, having extra money or new belongings, blaming others, and not accepting responsibility for their actions.

What to do in trying to prevent your child from being bullied or being the bully starts with helping children to develop skills for getting along with others. It's not realistic to have children like and get along with everyone; we as adults don't. But we do need to set examples and teach them appropriate behavior skills. When children change behaviors, do your research in finding out why. When a child is being bullied they don't ask for help, as they don't want to appear weak or being the *tattletale*.

If there's something that you would like to see happen in the Health Ministry, please speak to a member or join us at a meeting.

Next Meeting:

September 11, 2018 at 7 PM

Blood Pressure screenings are available to everyone during Fellowship each month.



October is Drug Abuse/Addiction Month



Do you know there is a difference between drug abuse and drug addiction? Often the two are interchanged and thought to be one in the same, but they are not.

Drug abuse is the use of legal or illegal substances. This type of abuse is when you are taking more than the regular dose of pills or using someone else's prescription. It's as simple as taking three Tylenol pills for pain instead of the recommended two. Drug abuse gives you the feel good, stress relief feeling to avoid reality.

Drug addiction is when you can't stop! That urge to get and use drugs can fill up every minute of the day. Signs of addiction include the urge to use the drugs every day or several times a day. Always having the drug with you and spending time alone. Not taking care of yourself or caring how you look. You're spending most of your time getting, using and recovering from the effects of the drugs.

The US government has reported over the past few years almost 50% of high school seniors have abused a drug of some kind. Here are the top four **warning signs** your child may be abusing drugs:

Change in behavior- withdrawal from family and friends or sudden change in friends.

Mood changes- Irrational or dramatic actions, verbal abuse, threatens to drop out of school, destroys property.

Changes in personality- Poor morals, low productivity, lack of self-control, aggressive behavior towards family, friends, classmates and teachers. Sudden failing of tests, poor performance or behavior in the classroom.

Physical changes- Frequent nosebleeds, tremors, red flushed cheeks, bruises, drowsiness or fatigue.

HEALTH MINISTRY CONT'D.

It's not easy to recognize the warning signs and even harder to admit that your child is having a substance abuse problem. Help is available, have you heard of **NDARE?** *Northern Dauphin Addiction Recovery Empowerment.*

A simple TEXT: 211 gives you a list of resources for help. These resources are located here in Elizabethtown. In addition, Dauphin County offers Student Assistance Services. For more information or brochures check out Health Ministry Resources.

Yoga Classes

Yoga classes will resume every Thursday at 7:00 pm starting with September 6th. We will continue with outside classes until the weather gets cooler or it becomes too dark and then move classes inside. If you decide yoga is for you the cost is \$5.00 per class.

EVERYONE IS WELCOME! Join us!!



Upper Dauphin Bocce Team and The Salem Team

Saturday, September 15th 4:00-6:00 pm
Upper Dauphin High School

We will have a friendly game with our local Special Olympics Bocce Team. Following the Bocce game, we will return to Salem Lutheran Church and have social time with Pizza. A sign-up sheet will be passed around during church, so we know how many Bocce Courts to set up. Please join us for a fun, friendly game of Bocce.

All ages are welcome to participate and have fun.

Health Ministry Team Volunteers

Our Health Ministry needs additional volunteers to visit our fellow parishioners at home, take them a meal from Margie's Meals, spend some time with them; letting them know we are thinking of them and praying for them. Additionally, the Health Ministry needs additional persons to provide transportation to and from doctor's appointments. If you can help with this program, which has been very successful, please let Sharyn or Pastor Nathan know.

Health Ministry Meetings will resume on TUESDAY, September 11th at 7 pm. Join us as we make plans to discuss upcoming events for next year and plan for our Christmas giving. Meetings are the second Tuesday of each month.

We are always looking for fresh new ideas - join us!

Let us Pray: Be joyful in hope, patient in affliction, faithful in prayer. (Romans 12:12). Did Paul get the cart before the horse? No, but sometimes it helps to paraphrase the words and ideas for a clearer look. "When we are faithful in prayer, we will become more joyful and patient in affliction."

It's easy to become so focused on situations or crisis that we lose sight of God's ultimate purpose for us and the person in our charge. We want to finish our tasks, return to our own agendas. But in his love, God keeps drawing our eyes and hearts back to a better destiny, a journey of the soul, a journey home. Paul writes in his letter to the Romans explaining how Christians can, and do reside in God's family by Christ's finished work on the cross.

Since affliction will come, he brings us all to faithful prayer, which draws us back to a sure hope, back to trust God's love and provision until the journey's end.

Dear Father:

as a believer, my ultimate destination is heaven. Keep me from grumbling when you have me take a bumpy side road. Help me see how a rocky road may bring me closer to you through fervent prayer, faith, and trust in you.

In Jesus Name we Pray, Amen.

WHAT'S HAPPENING AT SALEM?



COMMITTEES



WNALC

of Salem Lutheran Church



Our women's group (WNALC), sponsored its first art show and Victorian tea event in our fellowship hall. A fantastic feast of finger foods and various teas were enjoyed as attendees viewed art and met with the artisans, featuring work based upon a photo taken of one of our parishioners from our award winning float entered in the 2017 Elizabethville bicentennial parade. It was a great success with such talent! A wonderful day of fellowship, indeed!



"Thank you for the invitation to such a lovely tea. It was fun to dress for the occasion and the tea, and the food was not only tasty, but displayed so nicely.

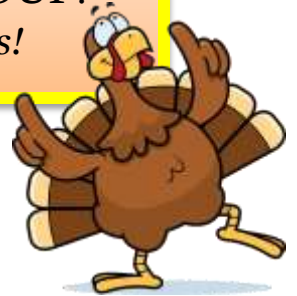
Also, express my thanks to your church members and how nicely they greeted us."

*It was very special,
Molly*

SOUP SALE! OCT. 20th

Ham – bean soup and TURKEY CORN NOODLE SOUP!

Watch our Facebook page and bulletins for more details!



Calling all Salem Women!

All women are *automatically* a member of the WNALC (Women of the North American Lutheran Church) simply by being a Salem Church member! The group meets on the THIRD SUNDAY of each month @ 6:30 pm in the fellowship hall. During this time we hold discussions, enjoy various presentations, plan upcoming events and outreach projects, and enjoy a time of fellowship. Come out and join us!

If you have a need or an idea for a program or event that you would like to see at Salem or just want to come and check it out, please join us!

S.O.F.A.

Salem Outdoor Fellowship Association

Get off the couch, get outdoors with S.O.F.A.!!



KAYAK FLOAT

15 Kayakers



TRAP SHOOT



Red Creek Wildlife Center

Serving Pennsylvania Wildlife Since 1991

Red Creek Wildlife Center

"BIRDS OF PREY" 50 minute program

Sunday October 7 at 11 am with Fellowship hosted by SOFA

Following the program, the congregation will be invited to return at 2 pm with their finned, furred, feathered or scaled pets to receive a blessing in celebration of St. Francis.



Shawl
Ministry
Oct. 9th
Nov. 13th
1 PM

STAFF MEETING:

Tues.
Oct. 16th & Nov. 20th
6:30 pm

Council Meeting
Dates: (6:30 pm)
Oct. 18th
Nov. 15th

PRAYER & SYMPATHY

Cont'd from pg. 1

Prayer List:

Polk Personal Care: Mary Schade,
Betty Sultzbaugh
Premier at Susquehanna: Hilda Collier
Hershey Med. Ctr: Rick Welker
At home: Nicole Czaplicki (Joanne Smyre),
Sheena Erdman, Jimmie & Gerry Schader
(Karl's parents), Don Markel (Dave Paul), Keith
Latshaw (Wanda Latshaw), Kelly Shipman
(Natalie Lyter), Dave & Jill Fetter (Ken
Campbell), Jean Hoke, Diane Murray (Peg
Massari), Harold "Boots" Kissinger, Harold
Hoffman, Jay and Ann Sue McCormick (Irene
Lehman), Pr. Nancy Weiss, Bob Krotser (Harold
Daub), Haley Snyder, Shirley Buffington, Ethel
Oxenrider, Marija Zorkic, Henry Reinsburrow
(Leah Snyder), Adele Nangle, Charles Wright
(Ann Scatena), Roby White, Dennis Smeltz,
Rosemary Welker, Raymond Welker (Dorothy
Hoffman), Sharon & Walter Lehman, Bill
Witmer, Deb Miller, Heather Deitrich, Terry
King (Janice Gransbury), Nancy Harris, Aleen
Minnich, Dale Snyder (Tracey & Aleen Minnich),
Andrea Bixler (Marie Daub), Jeffrey Snyder
(Wanda Latshaw), Jessica Ingbritsen, Earl
Laine, Arlene Blanchard (Diane Heim), Joan
Sanborn (Jessica Spacek's paternal grandmother),
Heather Hildebrand (granddaughter of Sarah
Challenger)

Please help to keep our prayer list current by
contacting the church office for changes
717-362-9222 or salemelizabethville@gmail.com

remember: video church is NOT a replacement for being in the very presence of the Lord, and among His people. The primary reason for our weekly gathering is the reception of the Holy Eucharist, and that cannot be administered by internet video! The Lord calls us to come to his table and receive His own most Holy Body and Blood for the forgiveness of sins. Isn't it so true that we need this forgiveness as often as it can be offered to us? Please use this new technology to open the door of conversation with others, or to share what you enjoy here with someone new...but don't let them alone on the cold dark digital world, but bring them to the warmth and love of a congregation of faithful followers of Jesus Christ. Invite those who 'like' the online version to experience the fullness of the historic liturgy of the church, face to face. Although this may be a powerful tool of getting the attention of others, it can never replace your presence, the physical bringing of everything you are to the Lord's table and laying it before Him, only to truly taste and see that the Lord is good.

Finally, I beg you to get involved in ways you have not been involved before! Sunday School will resume soon and the adults will be discussing "Questions of Faith" as we bring to class questions that are on your mind (and questions of any kind whatsoever). The youth are breaking into various age groups, and the specialized ministries are sponsoring speakers, events, and fellowship each month! Jump right in and give it a try, I'm sure you'll find friends, fun, and fellowship at each gathering of the faithful.

Rev. Nathan Calhoun

...with Sincere Sympathy

The family & friends of
Linda Welker,
Carole Long, Devon Wert
Anna Shade



Altar Flower Sponsors

September Large Altar Vases (\$20.00 ea.)

- 2 Jason & Angela Heim – In honor of their 15th Wedding Anniversary.
- 9 Judy Paul – In loving memory of Mr. & Mrs. G. Floyd (Flip) Buffington and Irvin (Bolivar) Paul.
- 16 Dale & Arlene Feidt – In honor of their grandchildren.
- 23 Chris Paul – In honor of her sister, Robin's birthday.
- 23 Carl & Leah Snyder – In honor of their 69th Wedding Anniversary.
- 30 Bill & Mary Jane Witmer – In memory of loved ones.
- 30 The Foster Family – In loving memory of brother Lanny and parents Gordon & Ginny Foster.

SMALL ALTAR VASES: (\$7.50 ea.)

- 2 Rachel Zimmerman – In memory of loved ones.
- 9 In honor of the ordination of Deacon Ken Campbell.
- 16 Tracey & Aleen Minnich – In honor of their 39th wedding anniversary.
- 23 Ann Scatena – To the glory of God.
- 30 *Sponsor needed*

October Large Altar Vases (\$20.00 ea.)

- 7 James & Carolyn Schade – In loving memory of Paul & Mildred Rummel.
- 7 Gerri Deppen – In memory of loved ones.
- 14 Lois Kratzer – In loving memory of Louis Kratzer, parents John & Elsie Kratzer and Elroy & Mary Baker.
- 14 Harold & Marie Daub – In honor of Rob & Megan Pricketts birthdays.
- 21 Paul & Natalie Lyter – In celebration of their wedding anniversary and the anniversary of Jim & Amy Sellman.
- 28 Dale & Arlene Feidt – In loving memory of her mother Dorothy Wolfgang.

SMALL ALTAR VASES: (\$7.50 ea.)

- 7 SOFA – In honor of St. Francis
- 14 Ann Scatena – In memory of loved ones.
- 21 *Sponsor needed*
- 28 Dave & Chris Paul – In celebration of their 34th wedding anniversary.



Have you remembered
the church in the
planning of your estate?
Have you updated
your Thrivent info?

9 Have you ordered a \$250 card?

SPONSORSHIPS/BIRTHDAYS/ANNIVERSARIES

September Bulletin Sponsors

2 Jim Prince – In loving memory of Theodore Richard Fehlan
9 Nancy Spacek – In honor of Jessica's 19th birthday. **Happy Birthday!**
16 Jim Prince – In loving memory of Edgar Fehlan
23 Ann Scatena – To the glory of God.
30 Greg & Helen Evans – In honor of their wedding anniversary.

October Bulletin Sponsors

7 Jim Prince – In loving memory of Ruth & Robert Prince
14 Ann Scatena – To the glory of God.
21 Jim Prince
28 *Sponsor needed*

Sanctuary Lamp

Sept: Greg & Helen Evans – In loving memory of Jim & Gloria Evans.
Oct: Melva Jane Reinhard – In loving memory of her son, Bobby Leshner.

Fellowship

Sept. 9th – Parish Life
Oct. 14th – Natalie Lyter and Gerri Deppen

Please call or email the office if there are any errors or deletions.
362-9222 (Chris) salemelizabethville@gmail.com



September Birthdays:

1 Kyle Ramer **Happy 18th!**
4 Freya Ossman
4 Paige Wertz
6 Mattea Wenrich
8 Rachel Zimmerman
11 Jessica Spacek
12 Robert Portzline **Happy 75th!**
14 Brenda Leitzel
17 Ken Campbell
17 Paul Lyter
17 Karl Schader
17 Kayla Wertz **Happy 16th!**
20 Louanne Birchfield **Happy 55th!**
20 Angela Heim
23 Chuck Liles **Happy 65th!**
25 Robin Hoffman
25 Brian Sitlinger
25 Jeff Sitlinger
30 Jana Miller **Happy 40th!**

October Birthdays:

4 Scott Deitrich
4 Aleah Ossman
30 Jay Fulkrod

September Anniversaries:

10 Mr. & Mrs. Henry Paul
10 Mr. & Mrs. Carl Snyder **Happy 69th!**
29 Mr. & Mrs. Greg Evans
29 Mr. & Mrs. Tracey Minnich

October Anniversaries:

20 Mr. & Mrs. Paul Lyter **Happy 56th!**

Snow "Shovelers" Needed!

Salem needs one or more people to shovel snow this winter on a regular basis. If interested or know of anyone who is, please call the office and leave a message. 717-362-9222 This is a paying job, as we're looking for dependable people to keep the sidewalks clean without having to be called to do so.

Donating to **Salem Lutheran** through the Amazon Smile Foundation is very easy. Every time you want to purchase something at **Amazon.com**, go to **Smile.Amazon.com** instead! Designate **Salem Lutheran Church Elizabethville** as your charity of choice. A percentage of each purchase price will be donated to us every quarter!!!

Thank you in Advance!



Worship Assistants

SEPTEMBER ALTAR GUILD: ARLEAH BUEHLER AND JANICE GRANSBURY

		Ken's Ordination 4 pm			
	Sept. 2	Sept. 9	Sept. 16	Sept. 23	Sept. 30
Lector	Jane Schader	Gerri Deppen	Ben Margerum	Michael Paul	Ann Scatena
Prayer/Church	Jim Prince	Sharyn Farner	Carol Reitz	Kasey Campbell	Mark Ingbritsen
Head Usher	Scott Deitrich	Kasey Campbell	Mark Ingbritsen	Harold Daub	Dave Reiner
Com. Assist.	Kasey Campbell	Chris Paul	Helen Evans	Mark Ingbritsen	Sharyn Farner
Com. Assist.	Dennis Reitz	Michael Paul	Tom Scheib	Dennis Reitz	Harold Daub
Greeter	David Farner	Judy Paul	David Farner	Gerri Deppen	Greg Evans
Greeter		Don & Linda Deibler	Marie Daub	Mattea Wenrich	Helen Evans
Crucifer	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller
Acolyte/Gospel Bearer	Eric Campbell	Jessica Spacek	Eric Campbell	Eric Campbell	Eric Campbell
Torchbearer			Austin Heim		Kristen
Torchbearer			Kristen Heim		Jessica Spacek
Sanctus Bells	Eric Campbell	Eric Campbell	Jessica Spacek	Jessica Spacek	Austin Heim

OCTOBER ALTAR GUILD: ARLEAH BUEHLER AND JANICE GRANSBURY

	Oct. 7	Oct. 14	Oct. 21	Oct. 28
Lector	Dennis Reitz	Harold Daub	Vicki Yates	Tom Scheib
Prayer/Church	Tom Scheib	Vicki Yates	Michael Paul	Jim Prince
Head Usher	Ron Heim	Angie Heim	Chris Paul	Scott Deitrich
Com. Assist.	Kasey Campbell	Tom Scheib	Michael Paul	Mark Ingbritsen
Com. Assist.	Tom Scheib	Harold Daub	Sharyn Farner	Dennis Reitz
Greeter	Matt Schwenk	Harold Daub	Michael Paul	Sheen Erdman
Greeter	Lisa Schwenk	Marie Daub	Chris Paul	
Crucifer	Tyler Miller	Tyler Miller	Tyler Miller	Tyler Miller
Acolyte/Gospel Bearer	Kristen Heim	Kristen Heim	Eric Campbell	Jessica Spacek
Torchbearer	Austin Heim	Austin Heim	Austin Heim	Austin Heim
Torchbearer	Eric Campbell	Eric Campbell	Kristen Heim	Kristen Heim
Sanctus Bells	Kristen Heim	Jessica Spacek	Jessica Spacek	Eric Campbell

ALTAR GUILD

Please see Arleah or Chris for more info. To serve in this way is a great honor to our Lord. Duties: wash chalices, paten, and other communion service items, wash/press linens, set flowers.





Believe in Blessings

Thrift Shop

22 E. Main St.
Elizabethville, PA

Hours:

Tues. – Fri. 10 am -5 pm

Sat. 9 am – 1 pm

717-905-2443

credit & debit cards accepted

Since opening in November of 2014, Believe in Blessings has helped over 1,044 neighbors with material and financial needs. We have provided:

- FREE beds to 10 local families
- A financial donation to a local school “Weekend Snack Pack Program”
- FREE household items to replenish fire victims homes
- FREE clothing to house fire victims, PA Veterans, senior citizens, low-income families and those accepted into foster parent program
- Financial donations to local Christian after school activities and MUCH MORE!

Everything in the store is donated for the thrift shop to sell. Financial support is also needed and greatly appreciated. Please stop by the shop with your financial or other donations.

Acceptable Donations:

- ★ Kitchen & Household items
- ★ Dishes, Linens
- ★ Bibles and Christian Books
- ★ Jewelry & Accessories
- ★ Purses & Back Packs
- ★ Clocks – Crafts – Florals
- ★ Home Décor & Knick Knacks
- ★ All sizes: Clothing & Shoes
- ★ Kids Games & Puzzles
- ★ Small Wooden Furniture

We do not accept:

- ❖ Baby cribs/Mattresses/Car seats/Pack ‘N’ Plays (PA regulations)
- ❖ Stained or Torn Clothing
- ❖ TV’s/Computers/Appliances/Microwaves/Electronic Devices
- ❖ Mattresses/Bed Pillows
- ❖ VHS/Cassette/8 Tracks/Vinyl Records
- ❖ Broken/Stuffed Furniture/Quilts/Comforters/Pillow

We serve 6 school districts:

*Halifax, Millersburg, Line Mountain, Tri-Valley,
Upper Dauphin, and Williams Valley*

12

Federally Recognized



*Non-Profit
Ministry*

ALL ITEMS ARE DONATED

The Ministry's Goals:

Provide a non-judgemental atmosphere for all who visit the shop.

Provide FREE assistance in emergencies, i.e. house fires, natural disasters, etc.

Provide FREE clothing to families experiencing financial difficulties.

Provide low-cost, quality clothing & household items for sale to our customers.

Provide info. about agencies also available for help.

Use shop profits to benefit area communities material and financial needs.

Recycle, Reuse, and Repurpose items that would otherwise go into landfills.

From the sales of the donations and after monthly expenses, we are able to give back to the community, both financially or if there is a material need.



ADDITIONAL INFO.

Salem

will be collecting **SMALL** stuffed animals and/or toys for our local first responders/EMT's to give to the children involved in accidents to help calm them at the scene. A gift bag is in the east wing for donations. Please see Dorothy Hoffman w/ any questions. Thank you for your support!



CONGRATULATIONS to Jessica Ingbritsen and David Farner who competed at Hershey and came home with medals!

Jessica came home with a Gold medal!

David came home with Bronze medal!

They now go on to Juniata College for competition.

One of them qualifies to go to Regional competition!

This is their first time competing and they did great!!



At least one lamp is to be kept burning day and night before the tabernacle in which the Blessed Sacrament is kept. The Sanctuary Lamp, sponsored by you in memory of those in blessed rest, indicates the real presence of our Lord in this place!

Salem is a congregation of the:



Dated Material – Please do not delay
Address Service Requested

205 W. Main Street
PO Box 427
Elizabethville, PA 17023
717-362-9222
salemelizabethville@gmail.com
The Rev. Dr. Nathan Corl Minnich, STS, Pastor

