

JULY-AUGUST 2019



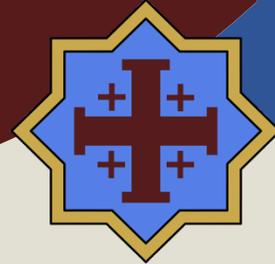
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SALEM LUTHERAN CHURCH, ELIZABETHVILLE, PA
 717-362-9222 | WWW.SALEMLUTHERANELIZABETHVILLE.ORG

The Spirit

*From the desk of:
 The Rev. Dr. Nathan C. Minnich, STS*

Grace and peace be unto you from our Lord Jesus Christ!

Well, summer has arrived and so has the warm weather and vacations! Yes, I just mentioned all the things that negatively impact the church in the first sentence of my message to you in this newsletter. Why? Well, the answer is simple. Many think that these things may be a nuisance for the church, but just a momentary inconvenience. This is far from the truth! When larger number of the faithful are absent from worship it is noticed. No, not just by those who count the offering, or take attendance, but by everyone! If you don't believe me, stand with me at the entrance after worship and listen to all the people who ask me "where is _____ and their family?" As if I have all the answers. The bottom line is this, if you're wondering where your friends and neighbors are when they are not among us on Sunday... CALL THEM! Surely you don't buy into the myth that it is the pastor's super power to know everyone's whereabouts? Surprisingly enough, I rarely know when someone is in the hospital or severely ill until the news travels around town that much that it finally gets to me. When did it become okay to be so complacent in our faith that we think it's okay to just sit back, watch, complain, and ignore the decline of the church. Not just in this place, but I'm speaking of something that ALL churches are experiencing, except maybe those who've

become an entertainment venue rather than churches...you know, the ones that are a stage production a liturgy! (But that's for another discussion).

What can we do to make a difference? Well first we must better understand OUR ROLE in the spreading of the Gospel and the proclamation of the Kingdom of God. It starts with YOU! The pastor has a role, preparing a theological statement every week, presiding at the Mass, responding to those in crisis of health or faith. The deacon has a role, to assist in the proclamation of the Gospel, have a finger on the pulse of the community, visiting with those in need. Yes, the parish secretary has a role in printing our bulletins, recording our tithes and offerings, managing the church office and communications. The parish council president has a role in assisting the pastor in the administration of parish affairs and being the head layperson representative in our leadership urging and guiding your participation in the congregational events and outreach. BUT, what about the role that far too many THINK should fall to these leaders? It is the simplest role of all, but yet so many think it is the JOB of the paid and elected staff...yep...I'm talking about INVITING others to join you on your faith journey!

Only you know the needs of your own family, and closest friends and neighbors. Yet, how many of them have YOU INVITED to join you at Salem?



How many of these people who have no place to call spiritual home on Sunday mornings have you spoken with about why YOU get up and go to church?

When the church people begin to delegate these things to 4 people of the entire congregation, yet sit back and wonder where their neighbors are, the church will not survive! When the average churchgoer is content to let the pastor worry about where the so-called 'regulars' are, the church will decline. When 95% of the people are satisfied to complain that 'nothing is getting done' but yet do nothing to engage their own time, and that of their family, the church will fail to keep up with all the distractions of life.

(continued on pg. 5)



DO YOU SHOP ON AMAZON?

Donating to Salem Lutheran through the Amazon Smile Foundation is very easy. Every time you want to purchase something at Amazon, go to www.smile.amazon.com instead!

Remember to designate Salem Lutheran Church Elizabethtown as your charity.



PLANNING AHEAD...

Have you remembered the church in the planning of your estate?
Have you updated your **Thrivent** information and named Salem the recipient of your **Choice Dollars**?

Have you ordered a \$250 card from **Thrivent** to help launch a new Salem initiative?



From The Reverend Deacon Kenneth E. Campbell, Jr.

As any faithful follower will tell you, our living God is at work in our lives! In these days, His work is done through the Holy Spirit. A few weeks ago, I shared with you some moments in my life where I truly felt the Spirit upon me. I hope that served to cause you to reflect upon your life and moments that may be similar, or completely different. Yet, acknowledging the same spirit at work!

Yet through this reflection, my heart breaks for those that may not know, or feel the work of the Holy Spirit in their lives. I refer to those who may have no exposure to the faith or may be so long removed, they feel they can never return to the church. Maybe they have become so angry, they have chosen to shut God out. How truly sad that this detachment may have been caused by a tragedy in their life, financial hardship, the sudden loss of a loved one, or a dire diagnosis of their own mental or physical health. All things that require prayer and should draw one closer their God!

St. Bonaventure reminds us that the Holy Spirit comes where he is loved, where he is invited, and where he is expected. We sing it each week in the eucharistic liturgy, "Holy Spirit, Come!". We know that life has its moments, and while God shares in our delight during the "ups", He never stops loving us and calling us to himself during our "downs". The Holy Spirit is the greatest of all gifts bestowed on us in our baptism, whom through our lives walks with us in every moment.

Lately, I feel our congregation needs to be reminded of this truth! There are many of our family whom we have not seen recently. When those who have faithfully sat beside us each week go missing for quite some time, it should raise concern. We need to visit each other more. We need to do more for one another; be it errands, chores, time spent sharing a meal, providing a ride to Mass, or simply lending an ear or a shoulder for a good cry.

Most importantly, we need to be there for each other to serve as a physical reminder that the Holy Spirit is at work within us, even when it seems that life is in whatever way, forever changed. And there are so many beyond our own members that need this reminder...when we take that love, compassion, caring, and truth and share it with our community, our workplace, and especially with those who do not know the love of Jesus Christ, we see the work of the Holy Spirit. I encourage you to pray over these thoughts. Serving as your deacon and knowing you better through the lens of our Savior continues to be a true blessing in my life. Peace be with you. +

Deacon Ken

Grace and peace to you from God our Father and the Lord Jesus Christ. Have you paid attention to the work of the Holy Spirit in your life lately? Is it something you give much thought to? As Lutherans, it is no secret, as found in our weekly profession of the Nicene Creed, that we believe in one God, in three persons; we know this to be the Holy Trinity. Throughout the past few weeks, we have been treated to the Gospel, selected scriptures and thoughtful sermons rooted in the post-resurrection and post-ascension movement of the apostles and disciples of Jesus Christ. And in those weeks, special attention is given specifically to the Holy Spirit, who Christ promises to send to us in His absence. Our very personal and intimate relationship with the Holy Spirit, God in yet another person of the Trinity, forces us to contemplate this wonderful mystery of faith.



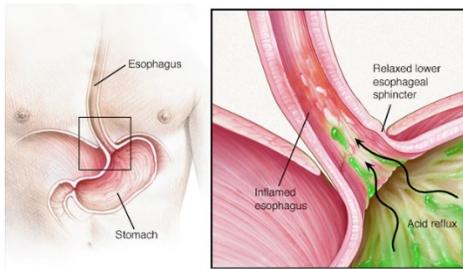
HEALTH MINISTRY

Meeting Dates

Tuesday, Sept. 17 @ 7 pm

Health Topic: GERD Gastroesophageal Reflux Disease

Gastroesophageal reflux disease occurs when the stomach acid flows back into the tube connecting your mouth and stomach (esophagus). This backwash (acid reflux) can irritate the lining of your esophagus. Mild acid reflux occurs at least once a week, moderate to severe acid reflux occurs at least twice a week to daily.



Common signs and symptoms are a burning sensation in your chest (heartburn), usually after eating, which might be worse at night. Difficulty swallowing/regurgitation of food or sour liquid sensation of a lump in your throat. If you have nighttime acid reflux, your symptoms may be chronic cough/laryngitis/new or worsening asthma.

The backwash of acid irritates the lining of your esophagus, often causing it to become inflamed. Chronic inflammation in your esophagus can cause narrowing of the esophagus along with damage to the lower esophagus causing scar tissue to form. The scar tissue narrows the food pathway, leading to problems with swallowing. Untreated GERD can cause an open sore in the esophagus leading to an esophageal ulcer.

If this ulcer begins bleeding it will cause pain and make swallowing very difficult. Your physician may give you a diagnosis of GERD based on physical examination and history of symptoms. To confirm the diagnosis of GERD or complications an upper endoscopy will need to be performed by a gastroenterologist. This test consists of the insertion of a thin, flexible tube equipped with a light down your throat to examine the tissue.

Treatment may include some over the counter medications to help neutralize stomach acid. Example include Mylanta, Roloids and Tums for quick relief, these are short term treatments and overuse can lead to kidney problems. Long-term use medications which reduce acid are called H-2-receptors. Medications that block the acid production and heal the esophagus are called proton pump inhibitors.

First line of treatment for GERD is medications and if medications fail, surgery will need to be performed to correct the back flow of the acid.

Interventions you can do on your own to reduce the frequency of acid reflux: maintain a healthy weight as the excess weight puts pressure on your abdomen pushing your stomach acid into the esophagus. Other interventions include stop smoking/don't lie down after a meal/avoid foods that trigger reflux and avoid tight fitting clothing around your waist.

Phillips Lifeline System

Phillips Lifeline System: Phillips Lifeline is a device to be used for your loved one whom is at risk of falling or having a medical emergency. With the use of this device all the person would need to do is push the button and emergency help is activated. We have received several brochures along with coupons for this discounted device. If you know of someone whom can use this device and may be interested, please see Sharyn for the information.



Stop The Bleed Save A Life

This is a program that was initially started by Homeland Security as a result of the Sandy Hook School Shooting. The Trauma surgeons at the hospital decided after this event that something needed to be done to stop the bleed and save lives. You see many of the children that died that day died as a result of bleeding out from an arm or leg which resulted in them losing their life within 3-5 minutes of being shot.

Through the efforts of the Hartford surgeons a committee was formed of military, the National Security Council, Homeland Security, the FBI, law enforcement, fire rescue and EMS. With their expertise came the development of the **Stop the Bleed** program. Thru a grant received from Geisinger Holy Spirit Hospital we have received 5 of these devices to have placed at different locations within the church.

Join our Health Ministry Team
on Sunday,

July 13th during Fellowship

to see a live, fifteen minute
demonstration and learn more about
this device and program.

SURVEY

Friends, the church council has asked that we all participate in a small survey to confirm some of the decisions we've been making. Without your voice, it is difficult to know what might be done to improve our ministry here at Salem. You may remain anonymous or include your name. This survey will ONLY run for the month of July and must be completed by the end of the month. You may drop your responses in the plate on the front pew in the east wing, or send them to the office. Simply remove this page from your newsletter and complete it, or you can visit the church website and download a .pdf of this survey to print and return.

1. How many mid-week Lenten services did you attend? _____
2. How many Lent/Holy Week services did you attend?
 - a. Ash Wednesday ____
 - b. Maundy Thursday ____
 - c. Good Friday ____
 - d. Holy Saturday ____
 - e. Easter Vigil ____
 - f. Sunrise Easter service ____
3. Would you attend more of these services if something was changed? What would that change be?

4. Does the color bulletin cover have significance to you, or would a black/white bulletin be sufficient?

5. Do you attend fellowship when it is offered? _____
 - a. If no, why? _____
6. Do you attend Sunday School? _____
If no, why? _____
7. Are you satisfied with the overall ministry of Salem Lutheran? _____

Could you make suggestions to the various leadership positions:

- a. The Pastor _____
 - b. The Deacon _____
 - c. The Council President _____
 - d. Parish Secretary _____
 - e. Parish Nurse _____
 - f. Musicians _____
 - g. Sunday School Superintendent _____
8. What are the three most important items you think the congregation should be working on for our future?
 - a. _____
 - b. _____
 - c. _____



SOCIAL MINISTRY

Monthly Meeting Dates:

WNALC – Sunday, August 25 @ 6:30 pm

Shawl Ministry – Tuesday, July 9, and August 13 @ 1 pm

Health Ministry – Tuesday, September 17 @ 7 pm

Council – Thursday, August 15 @ 6:30 pm

Salem Staff Meeting – Wednesday, August 14 @ 6:30 pm

Continued From the desk of:

The Rev. Dr. Nathan C. Minnich, STS

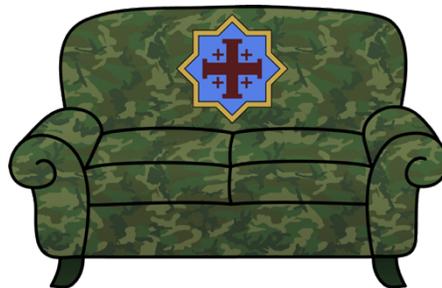
Soon, it's dilapidated, empty, broke, and just a part of history. Look around us locally, and for a moment think small rather than all of Christianity...at one time there were enough faithful Christians to BUILD all of these churches, and now there are hardly enough to keep half of them open, and nearly none of them full.

So, when you wonder where someone is...don't just ask me, or the deacon, or the

secretary, or the council, ASK THEM! That's why we have an online app directory! When I ask, I get all the usual excuses, vacation, camping, it's too hot, I'm just too busy, the grass needs mowed, I'm working overtime, I need to sleep in at least one day a week, I'm just out of the habit... THE LIST GOES ON, and on, and on.

But, just maybe, when each person becomes engaged and involved, and shows

that they care, and are not sitting back wondering where others might be, those who have fallen away would feel loved, missed, cared for, and encouraged. Trust me, caring for one another is part of this thing we call Christianity. Expecting others to do what you've promised to do is not. Yes, you've all promised...at baptisms, confirmations, confessions...



Join us for a float down the Susquehanna River on Saturday, July 13, 2019 (weather and river condition permitting).

This event is BYOK – *Bring your own kayak, and life vest.*

We will meet at 1:30 p.m. at the Halifax Boat Launch and float to Duncannon. Hopefully, we'll get to do some fishing too! The trip should last 4 hours.

Pack some snacks and a few beverages to stay hydrated. Don't forget your sunblock and a hat.

If you're interested, please let Harold Daub know! 717-648-1835





PRAYERS

Polk Personal Care: Mary Schade, Betty Sultzbaugh

Premier at Susquehanna: Hilda Collier

Hbg. UPMC Hospital: Leah Snyder

At home: Jolene Klinger, Denny Reitz, Paul Latshaw, Brent Forney (Wanda Latshaw), Fay Weaver, Beverly Schoffstall, Leslie Oxenrider (Leah Snyder), Ted Weaver, Carolyn Fetterhoff, Tina Schell, Peg (Massari) Taylor, Lucy Wertz (Harold & Marie Daub), Jimmie & Gerry Schader (Karl's parents), Keith Latshaw (Wanda Latshaw), Kelly Shipman (Natalie Lyter), Diane Murray (Peg Massari), Haley Snyder, Shirley Buffington, Ethel Oxenrider, Marija Zorkic, Henry Reinsburrow (Leah Snyder), Adele Nangle, Charles Wright (Ann Scatena), Sharon & Walter Lehman, Bill Witmer, Deb Miller, Heather Deitrich, Terry King (Janice Gransbury), Nancy Harris, Aleen Minnich, Dale Snyder (Tracey & Aleen Minnich), Andrea Bixler (Marie Daub), Jessica Ingbritsen, Arlene Blanchard (Diane Heim), Joan Sanborn (Jessica Spacek's paternal grandmother), Heather Hildebrand (granddaughter of Sarah Challenger)

Please help to keep our prayer list current by contacting the church office with changes and additions.

*Recovering @ home,
send him a card:*

Dennis Reitz
180 Raupstal Rd.
Herndon, Pa 17830

*Thank You Note from the Family of Ralph "Stan" Aucker:
Thank you all so sincerely for thinking of us during this
difficult time and preparing for us the beautiful prayer shawl.*

*Love,
The Aucker Family: K.C., Collin, Alec and Luke*

SYMPATHY



Ralph "Stan" Aucker, Jr.

SPONSORSHIPS

ALTAR FLOWERS



JULY

Large Altar Vases

- 7 Arlene Feidt – In loving memory of her son, Brian
- 14 The Kratzer Family – In loving memory of husband, father and grandfather, Louis Kratzer
- 21 Natalie Lyter – In loving memory of Natalie's parents, Howard & Ruth Geyer and Paul's parents, William & Ethel Lyter
- 28 Tom & Deb Scheib – In celebration of their wedding anniversary
- 28 Bill & Mary Jane Witmer – In honor of Bill's birthday *Happy Birthday!*

Small Altar Vases

- 7 Jim Prince – In honor of his children
- 14 Natalie Lyter – in honor of her grandchildren
- 21 Don & Linda Deibler – In honor of their grandchildren
- 28 Tom & Deb Scheib – In honor of their wedding anniversary

AUGUST

Large Altar Vases

- 4 Janice Gransbury – In honor of her daughter and son in law's wedding anniversary
- 4 Mattea Wenrich – In loving memory of her mother Vicki and in honor of her father Pete's birthday. *Happy Birthday!*
- 11 Arlene Feidt – In honor of her grandchildren
- 18 Lois Kratzer – In memory of loved ones
- 25 Jean Hoke – In memory of her husband Norwood and son Lynn
- 25 Andy & Brenda Leitzel – In honor of their grandchildren Peyton, Carson, Ava and Audri

Small Altar Vases

- 4 In honor of Chuck and Jill's wedding anniversary – **Happy Anniversary!**
- 11 Gerri Deppen – In honor of loved ones
- 18 Pr. Nathan – In memory of loved ones.
- 25 Judy Paul – In memory of loved ones

Do you wish to be a sponsor?

The costs for each are as follows:

Altar Flowers – Large
\$40/set or \$20/each

Altar Flowers – Small
\$15/set or \$7.50 each

Bulletins
\$10/wk

Newsletter
\$30/edition

See Chris in the parish office, to sign up today!

SANCTUARY LAMP

July: Dorothy Hoffman – In loving memory of her husband, Gerald.

Aug: Henry & Mary Ellen Paul – In loving memory of Aaron Paul and Brian Snyder.

NEWSLETTER

Josh Heim and Natasha Sitlinger – In honor of Kaide and Kora's birthdays.

BULLETINS

JULY

- 7 Tracey & Aleen Minnich – In honor of Tracey and Mitchell's birthdays. *Happy Birthday!*
14 Natalie Lyter – In loving memory of her parents Howard & Ruth Geyer.
21 Don & Linda Deibler – In memory of loved ones.
28 Ron & Diane Heim – In loving memory of Harold Hechler.

AUGUST

- 4 Karl & Jane Schader – In honor of their 33rd Wedding Anniversary. *Happy Anniversary!*
11 Karl & Jane Schader – In honor of Aunt Marie Parnell.
18 Harold & Marie Daub – In remembrance of Harold's brother, Barry, and mother's birthdays.
25 Dave & Chris Paul – In celebration of Michael's 30th birthday! *Happy Birthday!*



July

- 2 Mr. & Mrs. Tom Liles
14 Mr. & Mrs. Ken Campbell
17 Mr. & Mrs. Jay Fulkrod
24 Mr. & Mrs. Tom Scheib

August

- 1 Mr. & Mrs. Don Deibler *Happy 55th!*
2 Mr. & Mrs. Karl Schader
4 Mr. & Mrs. Chuck Liles
10 Mr. & Mrs. Mark Ingbritsen
13 Mr. & Mrs. Doyle Deppen *Happy 53rd!*
31 Mr. & Mrs. Jason Heim

BIRTHDAYS & ANNIVERSARIES

July

- 1 Irene Lehman *Happy 81st!*
3 Kaide Heim *Happy 10th!*
3 Andy Leitzel
5 Jill Liles
9 Michael Lohenitz *Happy 75th!*
10 Linda Deibler *Happy 78th!*
13 Tracey Minnich
18 Jason Heim
20 Dorothy Hoffman *Happy 73rd!*
20 Sophia Liles
24 Ann Scatena *Happy 79th!*
25 Harold Daub
27 Natalie Lyter *Happy 77th!*
29 Bill Witmer *Happy 82nd!*
30 Jane Ingbritsen
30 Ginger Lehman

August

- 4 Paul Ely
6 Curtis Martz
10 Rodney Feidt *Happy 50th!*
13 Tom Liles
13 Jane Schader
14 Gerri Deppen *Happy 73rd!*
17 Peg Massari-Taylor *Happy 75th!*
19 Martha Jane Fulkrod *Happy 76th!*
19 Ken Stahl
21 Dennis Paul
25 Michael Paul *Happy 30th!*
30 Cora Heim *Happy 4th!*

WORSHIP ASSISTANTS

JULY

	July 7	July 14	July 21	July 28
Lector	Carol Reitz	Gerri Deppen	Jane Schader	Kasey Campbell
Prayer/Church	Sharyn Farner	Vicki Yates	Jim Prince	Tom Scheib
Head Usher	Angie Heim	Kasey Campbell	Helen Evans	Chris Paul
Com. Assist.	Helen Evans	Tom Scheib	Gerri Deppen	David Yates
Com. Assist.	Ann Scatena	Mark Ingbritsen	Harold Daub	Vicki Yates
Greeter	Marie Daub	David Reiner	Sheena Erdman	Janice Gransbury
Greeter	Judy Paul			Michael Paul
Crucifer	Eric Campbell	Eric Campbell	Eric Campbell	Eric Campbell
Acolyte	Kristen Heim	Paul Ely	Paul Ely	Paul Ely
Torchbearer	Austin Heim	Paul Ely	Austin Heim	
Torchbearer	Paul Ely	Jessica Spacek	Kristen Heim	
Sanctus Bells	Kristen Heim	Eric Campbell	Paul Ely	Paul Ely
Presider's Cross	Aidan Campbell	Aidan Campbell	Aidan Campbell	Aidan Campbell

July Altar Guild: Deb Scheib and Kasey Campbell

AUGUST

	August 4	August 11	Knoebel's Picnic August 18	August 25
Lector	Tom Scheib	Sharyn Farner	Chuck Liles	Ann Scatena
Prayer/Church	Kasey Campbell	Michael Paul	Sharyn Farner	Mark Ingbritsen
Head Usher	Tom Scheib	Harold Daub		Dave Reiner
Com. Assist.	Gerri Deppen	Chris Paul	Tom Scheib	Ann Scatena
Com. Assist.	Helen Evans	Sharyn Farner	Kasey Campbell	Harold Daub
Greeter	David Farner	David Yates		Janice Gransbury
Greeter	Sheena Erdman	Vicki Yates		Judy Paul
Crucifer	Eric Campbell	Eric Campbell	Eric Campbell	Eric Campbell
Acolyte	Kristen Heim	Kristen Heim	Paul Ely	Paul Ely
Torchbearer	Austin Heim	Austin Hem	Austin Heim	Jessica Spacek
Torchbearer	Paul Ely	Paul Ely	Kristen Heim	Paul Ely
Sanctus Bells	Kristen Heim	Kristen Heim	Paul Ely	Paul Ely
Presider's Cross	Aidan Campbell	Aidan Campbell	Aidan Campbell	Aidan Campbell

August Altar Guild: Judy Paul and Natalie Lyter



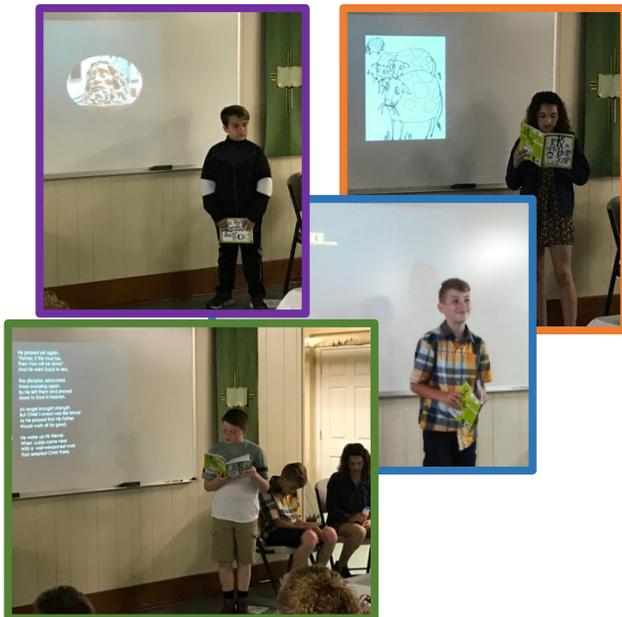
www.salemlutheranelizabethville.org

PARISH HIGHLIGHTS

Peace be with you! For the past few months, we have been pleased to bring to our community online access to the Mass each Sunday morning.

We invite and encourage you to be in the very presence of the Lord, and among His people. The primary reason for our weekly gathering is the reception of the Holy Eucharist, which cannot be administered by online streaming.

However, for those members who are traveling, and those unable to physically join us due to illness, or being homebound, you are welcome to view the Eucharist online at 9 a.m.



On Sunday, May 26, Deacon Ken's pre-teen Sunday School Class presented to the adult class their favorite scripture poems from the *"Icky Sticky, Hairy Scary"* text they've been studying. The kids did a great job!



French Boys Choir

An evening of choral music at
St. Paul's, Millersburg
Friday, July 19 at 7:00 pm.

We need to provide room and board for them. Those willing to host the children and teenagers must receive a *minimum of two per family*. This is a fantastic opportunity, especially for our members who have children, to meet and socialize with people from a completely different culture!

Please call the Church Office:

Monday through Thursday 9 am—2 pm
Closed Friday

717-692-2141

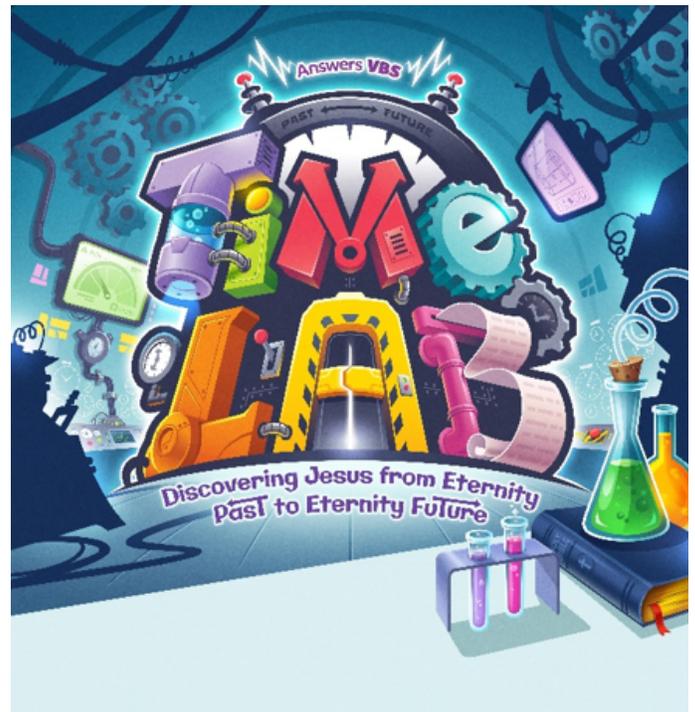


July 14-18, 2019

Youth and Adult Program

Dinner each night beginning at 5:30 p.m.

Activities and Educational Program from 6-8 p.m.



Sunday, August 18, 2019

Join us for breakfast at 9 a.m.

Mass will begin at 11:30 a.m.

Lunch will follow.

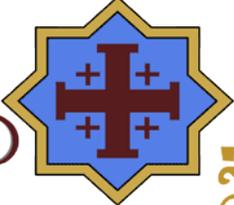
Pavilion E

Bring your lawn chair, a side dish or dessert to share.

Dogs, burgers, and drinks will be provided.

Purchase discounted tickets \$5 books for \$4.

Sign-ups will be on a clipboard at Sunday Mass in the weeks leading up to the picnic.



Salem Lutheran

 Elizabethville

205 W. Main Street, PO Box 427
 Elizabethville, PA 17023
 717-362-9222

The Reverend Doctor Nathan Corl Minnich, STS, Pastor
 717-903-6593
 The Reverend Deacon Kenneth E. Campbell, Jr., Music Director
 570-898-4234

Mrs. Chris Paul - Parish Secretary - 717-319-1164
 Mrs. Sharyn Farner - Parish Nurse - 717-433-5243
 Mr. Harold Daub - Council President - 717-648-1835
 Mrs. Kasey Campbell - Sunday School Superintendent
 Mrs. Wanda Latshaw - Organist
 Mrs. Jane Hassinger-Schader - Choir Pianist

www.salemchurchelizabethville.org
salemelizabethville@gmail.com







Salem Lutheran Church
 205 W. Main Street
 Elizabethville, PA 17023

